# On the GRAPE VIVE



### Encouraging prayer and deepening spirituality in the Diocese of Exeter



# Diocesan Synod welcomes new vision

"We want to grow in prayer, living a life close to God. This means taking risks as we become more honest with ourselves and more honest with God. Prayer opens up deep places within us to God's grace which is why it is such a life-giving activity. Growing in prayer is essential if we are to witness to God's Kingdom and become the people God has called us to be."

Many activities are already happening across the Diocese to support this prime objective in the diocesan Mission Action Plan. The objective of On the GrapeVine is to share details of such initiatives.



# Welcome

On the Grape *Vine* is a new resource bringing you up-to-date news of initiatives to encourage prayer and deepen spirituality throughout the Diocese of Exeter.

# Exploring Christian Spirituality and Spiritual Accompaniment

This popular course originated within the Diocese of Exeter and has proved a welcome and valuable opportunity for lay people and clergy to learn more about Christian spirituality.

A new course is planned to start in January 2017. The aims of the course are to deepen our experience of God in prayer and to equip and support those seeking to accompany others on their Christian journey on an individual basis, or in a congregational setting. The first year is intended for all those who are involved or wish to be involved in the spiritual life of their church community. The option to continue to the second year will be for those who wish to offer spiritual accompaniment.

A detailed course leaflet and application form are available on line — just follow the link below. The downloadable leaflet gives further information on the scope of the course, the schedule of sessions, topics to be covered and fees.

### The closing date for applications is 9th October.

**Further details** can be found <a href="http://www.exeter.anglican.org/christian-faith/spiritual-growth/exploring-christian-spirituality/">http://www.exeter.anglican.org/christian-faith/spiritual-growth/exploring-christian-spirituality/</a>

or from Revd Helen Bays (<u>s.d.r.s@hotmail.co.uk</u>) or call/text: 07722 106632.

or Preb Graham Stones <a href="mailto:spirituality.coordinator@exeter.anglican.org">spirituality.coordinator@exeter.anglican.org</a> or by post % The Old Deanery, The Cloisters, Exeter. EX1 1HS

On the GrapeVine

## **Self-catering cottage** for quiet days and reflection

Cygnet Cottage in Lympstone offers a quiet prayer-space for all. Perfect for Quiet Days, gatherings of small Cell Groups and Ministry Teams, or for longer periods of self-catering individual retreat. A peaceful haven for spiritual and physical refreshment. Recently refurbished, and with two bedrooms (one single and one twin/double), a well-equipped kitchen and comfortable sitting room, and a dedicated secondfloor prayer-room, it is also suitable for visitors of any faith, or none, to enjoy a tranquil break in a beautiful and unspoilt part of East Devon.

Contact Demelza Henderson for booking details: 01395 272243 demelza@cygnetcottage.net www.cygnetcottage.net

Pilgrims' Way to Holy Island of Lindisfarne



# **Spiritual Companions Network for Devon**

# 2016 Conference ual Companions Network for Devon

The Very Reverend **Keith Jones** former Dean of Exeter and York

# "King of Glory, King of Peace"

The experience of George Herbert & what peace means for us

Saturday 5th November 2016 10.30am - 3.15pm South Street Baptist Church, Exeter

Members £10 (includes membership) Non Members £12 Drinks provided. Bring your own lunch.

More information can be found online at www.spiritualcompanionsdevon.org or contact spiritualcompanionsdevon@gmail.com or phone 01884 840703

Book online or use contacts above Closing date for applications is 28th October 2016

# **Anglican Cursillo...**

...is a movement of the Church providing a method by which Christians are empowered to grow through prayer, study and action and enabled to share God's love with everyone. Many people in Anglican churches around Devon have benefitted from participation in Cursillo over the years.



Contacts for Anglican Cursillo in Devon are:

Roberta Smith; 01392 661190 or Chris Hall 01237 479450

or take a look at the website: <a href="http://www.anglicancursillo.co.uk">http://www.anglicancursillo.co.uk</a>

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# Other spirituality events in Devon:

# Lee Abbey ADVENT RETREAT: GETTING READY FOR CHRISTTHE KING

Mon 28 November to Fri 2 December 2016

Lee Abbey, North Devon

Bishop Bob Evens, the former Bishop of Crediton

Come and prepare yourself to journey further and reach out to receive the gift of Advent in the stillness of a retreat where biblical reflections, prayer, art and music all combine to create a vantage point from which we can recognise Christ at work in the world and welcome him as King.

There will be extended periods of silence within this retreat.

https://leeabbey.org.uk/devon/programme/getting-ready-christ-king/

or contact Lee Abbey Bookings on 01598 752621



# Please contribute your own news for the next issue of

'On the GrapeVine'.

Contact: Preb Graham Stones

spirituality.coordinator@exeter.anglican.org

01404 46430

or by post at the

Diocesan Office

The Old Deanery

The Cloisters

Exeter

Devon

EX1 1HS

# **Buckfast Abbey**

### **Weekend Retreat**

Starting Friday 14th October 2016, 17:00

Led by members of the Plymouth Diocesan Ignatian Spirituality Group who have all received training from the Jesuit Spiritual Directors at Centres for Ignatian Spirituality

This silent retreat in the Ignatian tradition is open to Christians of any denomination.

Please contact Mary-Jane Butler or Fr Adrian Toffolo; 01548 852670; or by Email: mjbutler6@yahoo.com or adriantoffolo@yahoo.co.uk

http://www.buckfast.org.uk/site.php?id=153



# **Quiet Day**

Led by Christopher Futcher

The day is held in silence. There are four short addresses with plenty of space between to reflect, quietly read, walk or pray in the chapel. Refreshments and lunch included. **Christopher Futcher** is Archdeacon of Exeter

10.30am to 4pm

Mon 28th Nov 2016

Non Residential Price - £20 (20% ministry discount)

# **Imaging God**

Led by Chris Ellis

Participants will learn something about the symbolism inherent in iconographic art, as well as use particular icons as a stimulus for personal prayer. **Chris Ellis** is a Baptist minister and a former President of the Baptist Union of Great Britain.

9.30am Wed 2nd to 4.30pm Thu 3rd November 2016

Non Residential Price - £68 (20% ministry discount)

Residential Price - £110 (20% ministry discount)

For further details and bookings, please telephone 01647-252752