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**uplyme church**

# **Parish News**

**May 2020**



[www.uplymechurch.org.uk](http://www.uplymechurch.org.uk)

# Church Services

As per the directive from the Church of England, all Church Services have been cancelled until further notice and all Churches are closed.

For further information about & from Uplyme Church, please go to their social media pages and website.

[www.uplymechurch.org.uk](http://www.uplymechurch.org.uk)

The BBC Radio 4 broadcast a service every Sunday at 8.10am and for further details and services please look at their schedules on their website [www.bbc.co.uk](http://www.bbc.co.uk)

## **Join Uplyme Church every Sunday for an online service!**

Simply search for '**Uplyme Church YouTube Channel**' and you should easily find our channel on YouTube. Each Sunday we offer a traditional and contemporary service - so click on the service that you want to take part in!

Services are available just before **10am each Sunday**, but are available to watch at any time after this, you can watch as many times as you like! Feel free to join us afterwards for a coffee and a chat - details of the **Zoom meeting** are available at the end of the service. If you haven't joined us already then feel free to check out our previous services.

Please subscribe to the Uplyme Church YouTube Channel so you get notified of new services and videos as we post them - we would love to reach 100 subscribers!



May  
2020

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## Parish News Digital Copy Deadlines

Please remember the **NEXT** issue of the magazine is for **June**  
and all articles up to and including things for early **July** should be with us by  
the **24th May**

**Email to - [parishnews@uplymechurch.org.uk](mailto:parishnews@uplymechurch.org.uk)**



***Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law.***      *Romans 13:8*      **Thank you !**

This month continues the strange and difficult 'lockdown' and self-isolating which has seen so much of what was 'normal' turned upon its head. Yet it has seen so many people rise to the challenge and support each other in practical matters and especially in finding ways to keep each other in contact. Thank you.

Computers, of course, make a real difference for many – and we are discovering new benefits of technology and electronic communication – some of which I am sure will continue to be well used long after the present rules are replaced. However, there are many who are not users of computers, and it has been wonderful to see how they have been helped and included during the past few weeks. It would be wonderful if we can continue to be great neighbours and keep good contact with others in our community, especially those who don't have internet access or confidence and live alone – whatever their age.

Finally several people, outside the regular church, have asked me for some words they might use when thinking about the present situation. I don't think I can offer anything better than this short prayer poem from the charity 'Christian Aid'.

***God of heaven and earth,  
in these times of isolation,  
apart from loved ones  
distant from friends  
away from neighbours  
thank you that there is nothing  
in all of creation,  
not even coronavirus,  
that is able to separate us from your love.***

***And may your love that never fails  
continue to be shared  
through the kindness of strangers  
looking out for each other,  
for neighbours near and far  
all recognising our shared vulnerability,  
each of us grateful for every breath,  
and willing everyone to know the gift  
of a full and healthy life.  
Keep us all in your care.      Amen.***



# From the Editor

Hello and welcome to this downloadable version of the Parish Magazine.

During this time of lockdown it has been incredible to see the love and fellowship shown by people in this village. Apart from the moans about someone having a bonfire most nights near Whalley Lane, it has been

lovely to see and hear how people are getting on in these times of trial.

Only a couple of more weeks to go..... Well we'll see!

Many of you will know that I own Pinhay House, the Care Home near Rousdon. Recent press around the deaths happening in care homes has highlighted the amazing job the staff in them do. Our staff are working so hard and trying their best to avoid this terrible virus getting into the home. I'm not sure what the eventual lifting of some restrictions will have on the care home, but I think we will remain isolating for many weeks and possibly months to come, as we have some of the most vulnerable people in society.

It is most important now, more than ever, that everybody "Stay at Home, Protect the NHS & Save Lives". Social distancing is a bore, but we must do it. Together, just like the Village, we will get through this together.

**#KeepWell, KeepSafe**

*Ed*

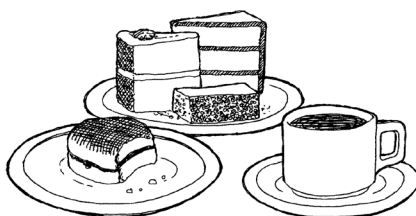


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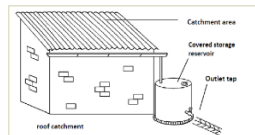
Zoom details available from me (**Shuna**)  
or any of the Axminster clergy team,

**shuna.art@gmail.com**



# Uplyme-Uganda-United-Update

***Recent news from our partners Kigezi Diocese Water and Sanitation project tells how clean water is a big catalyst for change:***



"Morris\* lives in Nyaruteija parish in Kigezi. He is a father, husband, servant, farmer and lay reader. Since coming to the parish in 2007, he has also dedicated his life to a ministry which brings whole life transformation. For many years before his arrival, the community in Nyaruteija had struggled with a lack of clean water. This changed in 2006 when the Kigezi Diocese Water and Sanitation Programme (KDSWP) began working with the community. They trained women's groups to build rainwater tanks at people's houses. They also provided a 20,000 litre tank for them to use as a community. The initial plan was to use the roof of the parish church to collect rainwater for the tank. But the church was in need of serious repairs. So instead KDSWP built a rainwater collection shade. This large roof, set on poles, would collect and supply the tank with water. Morris arrived in the community just after it was finished. Despite improved access to water, Nyaruteija still faced a number of challenges. One of the biggest was around access to education. The nearest primary school was 10 kilometres away, a distance which was stopping children from going to school. It was contributing to another issue too — early marriage. With school such a long way away many children, particularly girls, were marrying early instead of getting an education. Early marriage is common in Uganda, many parents see it as a way of providing lifelong security for their daughters. But as well as being illegal, early marriage is associated with many problems.



Morris realised that a solution was within reach, and the new community water tank was key. He began mobilising the community. Together they used water from the tank and local clay to make bricks. At the same time he mobilised his church. They raised money to buy sand and cement. Then combining their resources, the community built walls under the rainwater collection shade. It gave them a new building with two classrooms to run a church school from. The school began with classes for early childhood education. It was very popular with the community, and today it is a fully fledged primary school with 316 pupils and 10 teachers running classes up to the age of 13. Pupils at the school sat the national primary leaving exams, achieving great results and are even continuing on to secondary education. Morris is pleased with

the impact the school has made. 'I am happy to see children accessing education services here. I appreciate the efforts of the parents who raise money to pay and offer lunch for teachers. I thank the teachers for hard work amidst start-up challenges. I thank Kigezi Diocese with her development partners for improving access to clean water and the rain water harvesting shade that we turned into the first class rooms".

*\*Name changed*



More Uplyme Uganda Updates next time.....

Russell and Morag Kingsbury



## Uplyme Help at Hand - cares

### **General Enquiries:**

Anne – 01297 444799

Marilyn – 07885 859946

### **Transport:**

Sue – 01297 444289

David – 01297 444799

### **Temporary arrangements due to Corona Virus**

Thanks so much to all the new younger volunteers who have come forward and are helping those of us with total restrictions

### **YOU ARE OUR LIFE-LINE**

Without your help we would not be able to stay safe so we owe you everything.

Although the majority of our established volunteers are not able to offer help, please do ring the help lines if you have an urgent need eg prescriptions. They will put you in touch with someone who can and is willing

With Help at Hand and the Village Help Scheme, no one's needs should be unmet. The Parish Council, the village shop/garage and the pub with Wendy and Steve have done everything in their power (and beyond!) to protect and feed us and keep our spirits up. What an amazing place Uplyme is and aren't we all so fortunate to live here!

This was headed "temporary "arrangements – I believe the changes will be "permanent" as a result of the new bonds which have formed and the care, concern and thoughtfulness that has been shown to one another.

### **A truly positive outcome from a terrible disease.**



## On The Edge Framing

Why not use the lockdown to sort through your favourite photos, to design a new look for your poster and picture displays, or to create an artwork or two? Until further notice we are able to offer a collect-and-deliver framing service – please phone us to arrange for us to pick up your work from an agreed location – then we will discuss your requirements by phone and email as required before completing the job and delivering back to your address.

See advert →



Each year during May, many church-goers in Devon go out in their communities and collect money for Christian Aid Week. This year things will look a little bit different as Christian Aid Week 2020 will take place online.

Taking place from May 10th – 16th, supporters can participate in the week using Christian Aid's online resources, such as daily quizzes and live-streamed worship. There is also guidance for individuals wishing to run their own virtual events and fundraisers, as well as an online tool for creating an 'e-envelope' to send to your friends and families to encourage them to join the fight against poverty and injustice around the world.

In this difficult time, churches across the Diocese of Exeter are invited to stand in solidarity with the world's most vulnerable people in new and innovative ways. Katrine Musgrave is Christian Aid's churches engagement officer for Devon and Cornwall.

She said: "In recent weeks, we have been overwhelmed by the messages from our fundraising community, looking for guidance on how they can support us."

"Communities and churches across Devon and Cornwall have shown their resilience and adaptability since social distancing began and Christian Aid groups have inspired me with their inventiveness and resolve. It will be a different Christian Aid Week but with all the great hallmarks that we recognise of compassion, love and vision for a more just, equitable and healthy world. Please join us if you can.

Go to: [www.christianaid.org.uk](http://www.christianaid.org.uk)



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Tel: 07786 267 115



We hope you are all managing to stay well and are coping with this current unforeseen and unprecedented crisis. We understand many of you will be struggling with your own challenges at this time but wanted to update you on this project to which many of you have contributed so much over the past year or so.

**All resettlement through the UNHCR is currently suspended - this includes the community sponsorship programme. However, we have been assured by the Home Office that the UK government remain committed to this programme and that as soon as circumstances allow re Covid 19, families will be resettled.**

We have now received full approval from the Home Office for a family to be resettled here which is great news so we are continuing to prepare as much as we can in order to be ready to receive a family as soon as the programme recommences. Our core group continues to meet online and we are very happy to say that we have welcomed two new Trustees. In practical terms we will start preparing the house (and will welcome volunteers once the lockdown is lifted), we will start making contact with those of you who very kindly volunteered to help when the family arrive and will try to organise some online training.

We understand that people are likely to be understandably preoccupied with the current crisis so will not be actively fundraising and grant applications are also on hold. However if any of you or anyone you know would like to give a small amount as a one off, or on a regular basis - for example to donate the money you would have spent on going out for coffee once a month, you can do this through our giving page which can be found on our website:

<https://www.uplymecommunitysponsorship.org.uk/>, or if you prefer we can give you our bank details, just drop us an email at [uplymecommunitysponsorship@gmail.com](mailto:uplymecommunitysponsorship@gmail.com)

Whilst we are very aware of the great hardship and suffering for many in our community and throughout the UK, we are also mindful of the fact that Covid 19 is now beginning to be detected in Syria, in camps for refugees and displaced people and in other poor and marginalised communities where self isolation and hand washing is not an option and stopping the spread if the virus will be almost impossible. We think of these families, and continue to work towards providing a safe home for a family in our community in the not too distant future.



Greetings from a locked down Kasana Children's Centre where we are praying for you all in UK and are giving thanks that Covid19 seems to have been contained in Uganda so far. On 20<sup>th</sup> March, all schools and educational institutions were closed down due to Covid 19 and shortly afterwards all borders were closed. The majority of our termly boarders were able to go home to their families before all public and private transport was restricted. Currently we are in our 3<sup>rd</sup> week of lockdown in which no one is allowed to travel anywhere in or on a motorised vehicle unless they have permission from a local government official or have a special 'Essential Services' sticker for their vehicle. This has made life in the village very challenging and we have already lost two of our community babies due to the restrictions making visits to hospital a big challenge. Thankfully we were able to hire a local

ambulance to go and purchase some medication we needed from the capital city along with Oxygen that we wanted to have on site in case any of our vulnerable children (or adults) should become unwell.

During this lockdown, we have had to move a team of care staff on site to limit the risk of bringing infection to our children. Almost all of our care staff were willing to move in and have been dedicated to providing our permanent residents (6 children & 1 adult) with the love and care they need 24/7. We are very thankful that one of the Kasana Clinic nurses has been given to TIJOC full time during the Covid19 Crisis and possibly afterwards too. Bridget has been busy teaching the care staff how to dress wounds and to give daily injections to one of our girls who has a blood clot. She has also been able to oversee the NG tube feeding of our newest resident Ian (who we wrote about in the last article.) He moved in just before the lock down and is doing well.



**We are very thankful to Uplyme church who contributed £1000 to our Covid 19 emergency appeal;**



this has enabled us to buy necessary medical items and also care packages for our children out in the villages. This week we have been busy distributing food and soap to the families most in need.

The closure of the airport led to a swift departure of our Physiotherapist and Sponsorship Coordinator rather sooner than expected which was a great shame. Susanna has returned to the UK indefinitely but we are very grateful for all she has done for the Treasures in the past 4 years. Also, this month is the last for our Social Worker Resty who has been with us for 3 years. We are hoping that once the Covid Crisis has passed we can advertise for a new part time Physio and a full time Social worker. Please pray with us that we find the right people!

Thank you so much for taking an interest in our work here in Uganda! Together we are making a difference for these vulnerable children and their families. Stay safe and be blessed.

**Kate Tolhurst**



## **Liz's Legacy – U3A, Community and Covid-19 Walks**

My dear wife Liz had two great hobbies, gardening and walking. They both probably contributed to her death from malignant melanoma some seven years ago, but she was never happier than getting down and dirty in the garden or trying out a new walk. She was a wizard with an Ordnance Survey Map and sourced around sixty circular walks of between four and seven miles within 15 miles of Lyme Regis. These are depicted in different colour highlighter pens on three of the local OS maps.

Eleven of these walks have been posted on the Lyme Regis website for many years and can be found at [www.lymeregis.org/walking.aspx](http://www.lymeregis.org/walking.aspx) The walk instructions together with a helpful map can be downloaded free of charge. I have not walked them all recently, but keep on getting complimentary feedback from time to time, so I imagine that they are all still OK. In addition I have another dozen or so walks, without maps which I could supply if you contact me on waterside\_07@btinternet.com

The U3A in Lyme Regis formed in November 2005 and in January 2006 Liz and I volunteered to lead a fortnightly walking group. We continued for more than seven years with me taking the lead when Liz was unwell. Several of the original group, including me, are still members of the group which is still going strong with members taking it in turns to lead. A further legacy which was presented to me when the walking group had completed the walks for the website was a hardback copy of the walks signed by members. This still has pride of place on my coffee table.

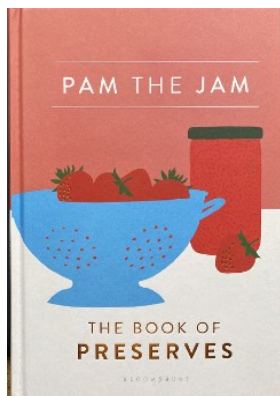
In January 2014, having passed on the leadership of the U3A group, I started my community walks around Uplyme which are in our 7<sup>th</sup> year, but are in abeyance at present owing to the Covid-19 virus restrictions. These walks have usually been directly from the church/school in Uplyme, but on occasion we have ventured up to Trinity Hill and in the past few years the highlight has been the Bluebell Walk in Yawl culminating in the delightful stroll alongside the trout lakes at Amerhurst Lodge, by kind permission of Brian and Brenda Stansfield.

My daily Covid-19 walk has been along the River Lim from Lyme Regis to Uplyme and back with the occasional variation to the sea front which has been remarkably deserted. The river walk is great at this time of year and I am supplying a photo of the Lim taken a couple of weeks ago from the bridge at Middle Mill about halfway between Lyme and Uplyme. The other photo is of wild daffodils on a walk at Hawkchurch which I was due to lead for the U3A on 6 April but which is now on hold.



***David Jones***





## UPLYME'S JAMMY DAYS by Pam the Jam

It was 30 years ago that Thursday Cottage - the jam specialists - moved to Uplyme. This was when Hugh, Philippa, Maddy and I upped sticks from our secure Home Counties life and headed west. Crazy, crazy our friends said, as we converted an old pig building at Carswell Farm into our Jammery. We had bought Thursday Cottage, a small preserve making business that specialised in marmalade, jam and fruit curd. Part of the deal was that we had to move it from its premises - then in Spaxton in Somerset to somewhere else. This wasn't easy. Land was selling at a sky-high price for housing. We looked at the site where the medical centre now is - too expensive, and purportedly for housing; the building where the Malthouse Gallery is in Lyme - big problems there for delivering 20 pallets of jam jars; leasing a unit at the old Station Yard at Colyton, but again figures didn't work out. In the end, we realised Carswell Farm was on the market with options on house, buildings land etc. It was full of snuffling pigs when we first saw it and took the plunge buying the lovely old farmhouse, a 4000 square foot pig unit and a couple of fields. Then having bought and refurbished it, we relocated the business to this sunny valley overlooking the village of Uplyme; we heard there was a petition against a jam factory moving to Uplyme, but in the end I believe the villagers enjoyed the steamy fruity aromas that emitted from the building - especially on Raspberry Jam days - they were far more preferable to pig slurry smells! I sometimes look back with amazement at how we changed our lives, yet somehow at the time it simply felt like the right thing to do.

I had made jam and marmalade before, but now it was one, two, three thousand jars a day; this was completely different from stocking the larder for the family. With a small team of inexperienced but enthusiastic employees, it really was in at the deep end as we grasped our wooden spoons with a fiery determination and learnt all about jars, lids and all things jam, striving to make the best jam in the country.



JAM SESSION: Pam Corbin and tasters (from left) Amy Fowler, Madeleine and Philippe Corbin and Louise Pearson.

A WESTCOUNTRY family jam making factory has won a national award for their popular preserves - beating over 30 other competitors with home-made jams, marmalades and curds. Thursday's Cottage, run by husband and wife team Hugh and Pam Corbin won two gold medals for their strawberry jam and lemon curd, and also won a certificate of recommendation for their raspberry jam at the 1991 British Bottlers Institute Awards.

Me and Mrs Corbin bought the firm as a going concern just over 18 months ago from its Somerset base near Bridgwater and moved the operation to an old farmhouse in Uplyme on the Devon-Dorset border where the business has gone from strength to strength. Mr Corbin said: "We have a very small team of five staff who all work hard to make 25 different products at a rate of four tons a week, and we were very pleased to win the awards. Our emphasis is

on the original home-made jams which are made just as you would in your own home." They are concentrating hard on building up the business especially through the export market, where they are already selling to America, France, Germany and Holland with very keen interest from Italy and Japan. And they get plenty of help in the tasting department from jam eating daughters, Madeleine five, and Philippe six.

I had never thought of myself as competitive, but when our preserves were included on a taste panel or entered into a food award I was only ever interested in the highest accolade; there was no point in bronze or silver if there was gold to be had. In 2001 Thursday Cottage was awarded the Best Speciality Food Producer by The Guild of Fine Food - a remarkable achievement for a jam maker as this is normally considered to be a humble craft - we were very proud indeed.

Our preserves were now sold by top shops and independents throughout Britain, and indeed all over the world. We had many loyal followers and nothing would delight us more than hearing that a Thursday Cottage jar had been spotted on an isolated island or in some other remote spot. Yet we still made our products in the same small batches (18-24 jars in each pan) that we always had done; the way we operated was an absolute testament to how efficient a small business can be.

A year or so after our award, we were approached by the renowned Essex preserve maker Wilkin & Son who were keen to acquire our brand. Hugh and I

laboured over the decision, it was a difficult choice to sell the business, but in the end we felt it was the right one. It pleases us very much indeed that Thursday Cottage lives on and its top-notch products are still made to their original recipe. It also gives our hearts a little lift when we see Thursday Cottage marmalades, jams and pots of Lemon Curd, still dressed in their original livery of black and gold ginger-ham caps and colourful borders in Uplyme stores (they are on the shelves just opposite the tills), and its still Thursday Cottage jam that graces the teas at The Uplyme and Lyme Regis Horticultural Society's Summer Show each year. May there always be jam, very good jam in Uplyme.

**Pam**

## GOOSEBERRY & ELDERFLOWER CURD

Makes 4 x 200ml jars

*'Goosegogs' are one of my absolute favourite fruits (for a time I even used to carry a jar of gooseberry jam in my bag, just in case I met someone deserving of it). Their sharp acidity makes them a wonderful fruit for curd making, while the addition of elderflower cordial brings a fragrant breeze to the pot.*

*You can replace the elderflower cordial with 6-8 fresh elderflowers when they are in bloom in the early summer: just add them to the poaching gooseberries and discard them at the same time as the unwanted gooseberry bits when you push everything through the sieve.*

*Gooseberries are available from May to July. You could make extra purée if you like, and keep it in the freezer so that you can make this curd at any time of the year.*

500g gooseberries  
50ml elderflower cordial  
50ml water  
125g unsalted butter, cut into small pieces  
300g granulated sugar  
3 large eggs, well beaten

Sterilise your jars and twist-on lids. Have ready a pan of simmering water that your heatproof bowl will fit snugly over without touching the water.

Put the gooseberries into a pan with the elderflower cordial and measured water. Bring to a simmer and cook, uncovered, for 10 minutes or so, until their skins have burst and the gooseberries are tender. Remove from the heat and rub through a sieve placed over the heatproof bowl.

Add the butter and sugar to the purée in the bowl, then place the bowl over the pan of simmering water and stir lightly until the butter has barely melted - the temperature on a cooking thermometer should be about 50°C.

Carefully pour the eggs into the buttery gooseberry mixture, whisking briskly with a balloon whisk for a minute or so until really well combined. Continue to cook the mixture for about 10 minutes, scraping down the sides every so often with a spatula and giving the mixture a quick whisk every minute or so until it is thick, the surface is glass-like and the temperature has reached 78°C. Remove from the heat.

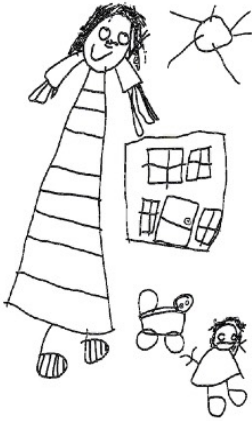
Tip into a wide-necked jug with a good pouring lip, making sure you scrape around the sides of the bowl, then fill the waiting jars to the brim and seal at once.

Store in a cool place for up to 4 weeks. Once opened, keep in the fridge and eat within 3-4 weeks.

### Variation **BLACKCURRANT CURD**

For another quintessentially British summer curd you can replace the gooseberries with the same weight of blackcurrants and omit the elderflower cordial.

## UPLYME PRE-SCHOOL



The pre-school is currently closed. We offered the service for children of Keyworkers and vulnerable children but there was not enough to stay open, one child per day is not great for the child or staff.

The parents have been amazing about the situation and are all doing as they have been advised and keeping their children at home wherever possible. We have no idea when we will be able to return to normal but we are keeping in touch with our families and letting them know any news we have. We hope that we can return for some of the summer term, then we can send

off our leavers in style and ease them into school with some transition session, but who knows if that will happen.

The pre-school staff have been compiling ideas and activities for our families to do while at home. We have emailed ideas to our parents every week and also posted many things on our Facebook page. The staff have also revealed talents for making short videos for the children. I only had to ask once if they might like to read a story or video a craft idea and I have had at least two videos per week to post on Facebook!! If any parents have missed these, its well worth getting a Facebook account and liking the pre-school page if only while during lockdown. We have seen Donna collecting eggs from her chickens and showing the children how to make eggy soldiers, Janice took us on a walk to Bluebell woods, Veronica gave us quizzes, songs and walked in the countryside, Tracey found some ducklings in the river and sang an Easter song with sign language and Belinda and Jane have shown us craft ideas and stories. Janice has also video herself reading some stories for the children, I believe Donna and her may addition for children's television when this is all over! If you haven't seen the Easter story in full duck costume, then its well worth a return visit!!

We hope we have managed to keep in touch with our families and entertain them and maybe even some of the villagers too!

If anyone has any questions they can contact Annie on 07856633513 or at [uplymepreschool@aol.co.uk](mailto:uplymepreschool@aol.co.uk).

**Annie Thurgood**

Uplyme Pre-school Manager

07856633513

Pre-school 01297 445087 or 07761143882



# **UPLYME VILLAGE NETWORK – CORONAVIRUS**

## **URGENT REQUEST AND INFORMATION**

In consideration of the escalating public health crisis across the UK, arising from the spread of Covid-19, the Uplyme Village Network voluntary group are working with individuals and the Parish Council, members of churches and community groups from Uplyme and its environment to co-ordinate volunteer efforts to provide support for those who need it whilst the emergency exists. As such, we are urgently seeking local volunteers who are willing to help those members of the community who are vulnerable and self-isolating, or likely to be self-isolating imminently, by:

- ☐ sharing this request and information to recruit volunteers to assist the vulnerable
- ☐ collecting groceries and other essential supplies
- ☐ collecting new prescriptions
- ☐ checking on the elderly and vulnerable by telephone
- ☐ dog walking (it's not always possible to help with this but we are willing to do what we can)
- ☐ posting mail
- ☐ assisting in any other ways required, whilst always taking every precaution to protect themselves

If you are able to assist in any way, please post a comment to our Facebook page with your postcode and we will reply by private message with further instructions or contact us as below:

**Email: [clerk@uplymeparishcouncil.org](mailto:clerk@uplymeparishcouncil.org)**

NOTE: by supplying this information, you consent to it being shared with other volunteers, co-ordinators of this initiative and those requiring help.

PTO - for a form to fill in and return. Other forms are available from the Village Post ~Office & store.

# Uplyme Village Network - Coronavirus

Dear Neighbour

In the light of the latest health advice to self isolate for seven days, if you have symptoms of a cough or fever, we are setting up a Uplyme Village Network of people to look out for others.

If you think you might need help with any of the following, please tick:

Food / Essential goods shopping (where items are available) ☐

Collection of new prescriptions ☐

I have a dog that needs walking ☐

(It's not always possible to help with this but we will when we can)

Name:

Contact Phone Number:

Email:

I am on Facebook (please tick if applicable, you can register on Facebook)

---

## Volunteers Needed

If you can spare some of your time to help your neighbour/s in your area at this time of crisis please complete and register this form below or go to the Uplyme Village Network Facebook page.

My Name is:

My Postcode is:

My contact phone number is:

My email is:

I am on Facebook:

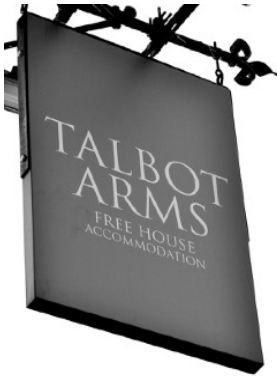
Coronavirus is contagious. Please take every effort to ensure you are not spreading it. Avoid physical contact (2 metres distance) and wash your hands with soap regularly.

Items should be left on your doorstep.

If you have symptoms and they get worse, **ring the National Health Service on 111.**

Please visit our Facebook page to register or return this completed form to the **Uplyme Garage Post Office, Lyme Rd, Uplyme, Lyme Regis DT7 3UY.**

17/03/2020



## NEWS FROM THE PUB

Hello Everyone.

What a sad and difficult time the whole World is enduring, I struggle each day to comprehend the enormity of grief and sadness so many families are struggling with, and sadly that includes my own family and families of friends in our Village.

However, I am sure like me, you are filled with so much gratitude for the amazing work of our NHS, everyone in Caring Roles, Social Care and All front line Key Workers,

who are all working tirelessly for the benefit of us all.

As a community we have been fantastic at showing our appreciation every Thursday Night through our Thankful Clapping and Singing. Thank you Brian for counting us all in at 8 p.m and amplifying the Village each week.

As I write it has been just over one month since our Village Pub closed its doors and like lots of other business closures there has been lots to sort out, suffice to say we have had a few difficult and emotional and tearful days!

With plenty of time on our hands Steve and I have been outside painting, and Steve has been doing lots clearing on the top of the river bank and around the edges of the paddock.. We have enjoyed going out for our daily exercise .we have never taken for granted how lucky we are to live here, but now appreciate even more the lovely walks all around our Village. I am happy to report Steve is still doing all the cooking! Thank you Jane for my amazing Bara Brith xxx

Thank You Jenni and Pauline for your amazing sewing skills and for making the meaningful signs and banners which are Ian and Eric put up in our car park. Thanks also to Seth, Dan and Lily for your lovely art work pinned to the fence. If you can sew or paint a picture it would be fantastic to add to our car park efforts.

We have a wonderful Community Volunteer Group, please know if you are in need of any help as there are lots of volunteers here to help you. All contact details in this months magazine, there are also information forms available in The Village Shop. We are a happy bunch of folk always ready to help.

Well that's about it for this month, please please take all the advice we are given  
**Stay Safe, Stay In.**

This comes with much love and a big virtual 'Cwtch' xxxx

**Wendy xx**

**BEAVERS****cubs****SCOUTS****EXPLORERS**

## **1<sup>st</sup> Lym Valley Scout Group (Uplyme and Lyme Regis)**

Given, allegedly, nothing is happening at the moment, you would think we wouldn't have anything to write about? As is always the case with 1<sup>st</sup> Lym Valley the opposite is true, we're keeping busy and remaining optimistic about the future. Our Zoom meetings remain incredibly popular amongst the young people, we enjoy very high attendance with the young people seeking to catch up with their friends and have a laugh in these strange times.

The Beavers have been meeting over WhatsApp, via their parents, doing all sorts of badges; ranging from the book readers badge to the photographer badge. We are very impressed with all of the badges they've been doing at home, and are grateful for the parents' encouragement to keep doing Beavers.

The Cubs have been meeting over Zoom. I know Becky, our Cub Leader, is still figuring out how Zoom works, and is hoping to find the "Mute All" button soon – she says she's really enjoying using Zoom and is coming up with many more new evening ideas. Becky is actually responsible for 1<sup>st</sup> Lym Valley's first ever digital investiture, where we invested two new Cubs into the pack. The Cubs are delighted that they can have fun and socially distance!

The Scouts have been having a whale of a time on Zoom – Josh (who was sent back from University early) has been organising many silly games, the most popular being "Scavenger Hunt"; a game which involves the Scouts finding various objects from calculators to silly hats as quickly as possible. We've also been doing activities with them such as Virtual Bowling and a Murder Mystery which has definitely provided to the daily walk and school work activities.

The Explorers have been using their free time to focus on working on their top awards, ticking things off – most are aiming towards getting their Queen Scout Award and Gold DofE, which would be a massive achievement. Numbers continue to grow in Explorers as more young people join the adventure, we cannot wait to see what they do next!

As a group, by the time this is published, we would have done a big group camp, albeit at home. With the Beavers, Cubs, Scouts and Explorers spending the night in a tent or den, and enjoying a campfire. With all of our camps cancelled, recreating the experience is much welcome relief from modern life. My thanks to Sarah, our Explorer Leader, for organising this and putting this together. As ever, if your Child wishes to get involved do let us know! There is a Waiting List for all sections, except Explorers where 13 ½ - 17 year olds can join straight away. We are due to have space in Beavers in September so please do put your child's name down sooner than later!

See you all soon, and stay safe,

Yours in Scouting

**Karen Yelland**

Beaver and Scout Leader

mob 07588389389

[yellandpay@aol.com](mailto:yellandpay@aol.com)





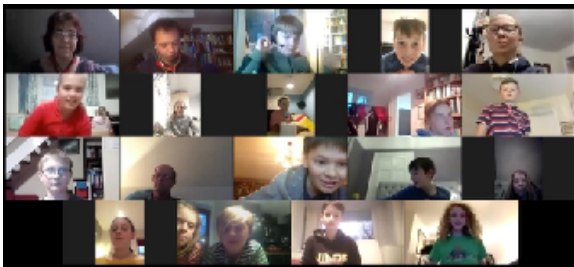


BEAVERS

cubs

SCOUTS

EXPLORERS



# The Adventure Continues...!



## A birthday on the Covid Frontline – Friday 24<sup>th</sup> April

*Nigel Beeton works in Radiology in a hospital in the East of England. During this time of the coronavirus crisis, he is writing a weekly diary of his life at the hospital.*

There was a group of my staff just standing in the waiting area outside one of the CT scanning rooms the other day. I opened my mouth to speak but one of them caught my eye and put his gloved finger in front of his visor in the universally understood bid to be silent, understood despite the fact that his lips were separated from his finger by the visor and a face mask. They don't often shush their boss, so I very obediently closed my mouth again.

The door to the room opened, and an elderly patient appeared, accompanied by another radiographer.

"Happy Birthday Mabel!" everyone chorused (*I've changed her name to protect her confidentiality.*)

Happy Birthday to you,  
Happy Birthday to you!  
Happy Birthday, dear Mabel,  
Happy Birthday to you!

Even I joined in. I'm not sure if my singing voice is up to much, but my sentiments were genuine. I hoped she'd have a good birthday.

We all rounded off the melody with a round of applause, latex gloves make a strange popping noise if you clap while wearing them.

Dear Mabel loved it. She was clearly surprised and taken aback by the sight of half a dozen staff in PPE singing 'Happy Birthday' to her, but the experience had transformed an alien world of CT scanners and PPE into a familiar one of birthday wishes and a well-known song. "Oh, thank you everyone, you're all so kind; my family can't be with me today. Usually they come for my birthday."

Mabel, in her eighties, was self-isolating due to her age, but still living independently at home. We check dates of birth as part of ensuring that we are doing the right thing for the right patient, and so my colleague had clocked that today was her birthday. Having got to know her well enough during the setting up stage to be happy that she wouldn't mind, he conspired with his colleagues while watching the scanner do its stuff.

The coronavirus may be keeping us separated from one another, but it is spurring us all on to make greater efforts to be connected to one another, to show our humanity towards one another. Someone bought us lunch today. It appeared in pots by our gate, and we sat down and enjoyed a meal of restaurant quality food. Our friends had supported a local restaurant which, in its hour of need has branched out into 'meals on wheels', and shown us such love and concern that a tear was brought to my eye.

I hope and pray that the coronavirus will soon fade into history. But I pray equally fervently that its legacy of connected humanity will last for many, many years to come.

## Poetry Corner by Nigel Ball

### Oh no this Coronavirus

it does not discriminate whether you're called Fanny, Billy or Iris.  
It keeps us in our own homes  
and stops us from being out or roam.

We must keep giving and playing by the rules  
get baking, cooking, gardening, exercising using all those tools.  
You have had in the back of cupboards and shed  
and even explore under the bed.

Get in your provisions and explore  
the back of your pantry and underground store  
you will be surprised what you can find.  
thing you never knew you had, tins, box all of a kind

Keep up your spirits we will get there in the end  
speak to a neighbour or use the computer to contact a friend.  
Above all the sun is bright and shining  
carbon footprint doing well no planes are a flying.

So Zoom has come into action kept the cancer group going  
People are signing up and are showing  
Cancer connecting, people recovering and getting fit.  
just showing us all that we can do are bit.

*Nigel has kindly sent in some photos of how his garden is doing.*



**Hi to you all on zoom,**  
speaking from our front room,  
Another week has passed us by,  
And wondering and thinking why?

People kind and helping others,  
May be not sisters or brothers,  
Next door neighbours, or people who have never spoke,  
Joining together, connecting simple folk.

Watch Lyme harbour webcam on the tele, with no one there,  
No paddling, swimming, no deckchair,  
The cancer beach hut, on the end of the row,  
We are counting down time to when we can use it, you never know.

You will never know, when you need a family or friend,  
Everyday essentials, prescription, or a wave from a window, they send,  
A virtual cup of tea on that screen is all you need,  
To stay connected, before going out to garden raking, sieving and sowing seed.

The time will pass, but we must keep our minds on focus,  
In times gone by we have survived, War, plague, and swarms of locust,  
Stay in and protect the NHS we are told,  
Get up, have breakfast, dinner, tea, and above all, stand bold!



# Uplyme & Lyme Regis Horticultural Society

[www.ulrhs.wordpress.com](http://www.ulrhs.wordpress.com)



## Our Spring and Summer Plans

### Plant Sale and Summer Show – keep growing the potatoes

With regret we have decided to cancel the Spring Plant Sale on 16 May and the Summer Flower and Produce Fair on 11 July, given the 12-week 'shielding' timeframe for coronavirus.

Summer Show exhibitors will be contacted by the show organisers. Winners of trophies at last year's show may keep their trophies until 31 May 2021. We shall be using the theme of Lavender and this year's schedule of classes for next year's show, so on the plus side there will be plenty of time to plan and prepare entries.

Society members who have purchased tubers for the Potato in a Bucket competition are urged to keep their potatoes fed and watered. It is hoped that the Society will be able to run this competition in some form during the summer. Keep an eye out for news in our monthly newsletter and on our poster sites.

### Expanded Autumn Show

The Society hopes to run an expanded Autumn Show later in the year. As many people will be spending more time in their gardens this summer we hope there may be some excellent exhibits ready for showing in the autumn. Further details will be published later in the summer.

### Talks and trips

The Society's programme of talks and trips will recommence as soon as Uplyme Village Hall reopens and gardens are open again to visit. We'll get in touch with members when we have positive news on dates. Any trips or talks that have to be cancelled will be rebooked. If anyone has paid for trips beyond April, the organisers will be in touch with you.

### Keeping you in touch

We shall keep the situation under regular review so that we can react to any changes in circumstances. Our monthly newsletter will be a key way to keep in touch and we will be changing its format for the short term. We will be asking for contributions from members of photographs, tips, recipes and other gardening related items. More details will follow in the next newsletter.

**Tricia Boyd**



# Uplyme & Lyme Regis Horticultural Society

[www.ulrhs.wordpress.com](http://www.ulrhs.wordpress.com)



*During the period that we are unable to meet we are publishing a special newsletter to keep our members in touch with each other. Below you will find an extract from our first issue. If you would like to sign up to receive the newsletter please visit our website [www.ulrhs.wordpress.com](http://www.ulrhs.wordpress.com) and scroll down the Welcome page until you see a link 'Sign up for our monthly email newsletter'.*

"While human society is very much constrained, our gardens are completely unaware of the virus and may even have noticed they are getting more attention than usual. Spring will not be cancelled, and our plants are growing vigorously - so if we share our pictures and news, we can take encouragement from one another's successes (and failures). Good luck with the growing!"

Robin Britton, Chair

## Sharing surplus seeds and plants

In the absence of our annual plant sale, you might consider sharing/swapping spare plants with other members and with neighbours. There's certainly an increased interest in vegetable gardening at the moment, for example Brian Tomsett reports: "All my spare plants/produce are promised to elderly neighbours to increase their veg supply and to the creation of three new veg plots."

If anyone has spare plants they want to swap/share or if anyone wants some specific plants, please send your name, contact details and what plants you're looking for or to share, to [tricia@thegardenersblacksmith.co.uk](mailto:tricia@thegardenersblacksmith.co.uk). We'll then try and get out a 'matchmaking' list to members so people can make contact with each other.

## Local garden nurseries and suppliers open for business

In the current difficult times it is still possible to obtain plants and garden supplies by click and collect, post or by delivery. Our website has a list of local companies that are still operating in some way so please check them out if you're looking for anything. We recommend you call first.

Also Alan and Lynne Vian are selling plants on their doorstep in Haye Lane in aid of Alan's charity supporting children in Malawi. Look out for the Malawi flag and make your purchases – no contact is necessary. Plants include tomatoes, red geraniums, annuals and much more!

For further information please visit our website.

Tricia Boyd







## Axminster and Lyme Cancer Support

**Affected by cancer?  
Looking for support?  
Need Help or advice?**

We have been successful in being granted emergency funds from both several sources and therefore able to offer more online support. We can offer online counselling, life coaching, mindfulness and a variety of exercise classes. This is all free to anyone affected by any cancer. We are doing our weekly drop in via 'zoom' on a Monday 2-3pm.

Our beach hut is ready to go as soon as lockdown is lifted and this will be able to be booked online.

There is a selection of craft kits, magazines, puzzle books and jigsaws being delivered regularly and again this is all free.

For more details contact

[info@axminsterandlymecancersupport.co.uk](mailto:info@axminsterandlymecancersupport.co.uk)

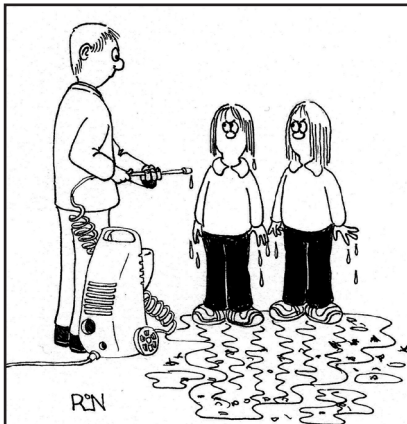
07512 279663

[axminsterandlymecancersupport.co.uk](http://axminsterandlymecancersupport.co.uk)

Axminster and Lyme Cancer Support on  
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**PROTECT THE NHS**  
**SAVE LIVES**



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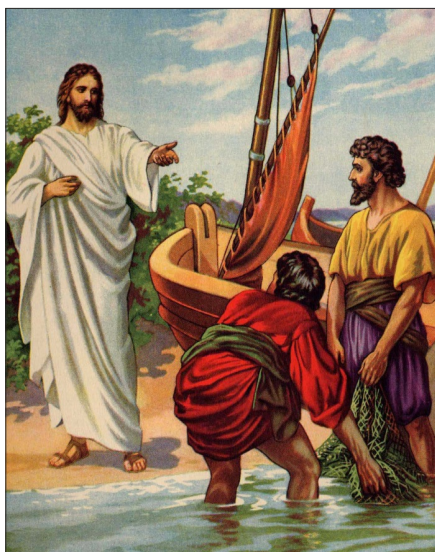
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**or email us on**

**abbeyfieldlymeregis@hotmail.co.uk**

# Divine Comfort



## Towards Keeping Calm

Meditate on the words of Psalm 91:

*“Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.”*

Don't be frightened by *“the pestilence that stalks in the darkness, nor the plague that destroys at midday.”*

*“I will say of the Lord, ‘He is my refuge and my fortress, my God, in whom I trust.’”*

## How may I enjoy peace of heart and mind in traumatic times?

Pray for help to trust in God's promise in John 3:16 that says:

*“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”*

## Further Encouragement

You might find it helpful to read the whole of Psalm 91 and John chapter 3 in your own Bible.

Let's lovingly watch out for the welfare of our neighbours'

## Coronavirus - East Devon District Council Support...

The development of the Coronavirus pandemic continues apace, with daily sad news of additional deaths across the world.

Thus far, Devon and the South West has been relatively lightly affected. However, it is important we do not become complacent, rather recognise that the virus will be with us for some time and adapt our behaviour accordingly.

Anything written in these fast-moving times will rapidly become out of date, so my article this month summarises information from East Devon District Council, as we take on responsibility for the practical delivery of many areas of Government support for residents and businesses.

[eastdevon.gov.uk/coronavirus-covid-19](http://eastdevon.gov.uk/coronavirus-covid-19)

A good place to start... it includes...

### 1. Latest updates;

The council issues weekly updates to East Devon residents and businesses each Friday, together with live updates on how we are supporting our communities. As I write, the most recent entries are;

**Wed 22<sup>nd</sup> April – Coronavirus Community Food Fund** - details grants available for projects to provide food to East Devon residents in food poverty, inc guidance & application details.

**Thur 23<sup>rd</sup> April** – Updated information on our local steps in response to government instruction that parks should remain open...

### 2. Benefits & Council Tax;

This section included a comprehensive selection of frequently asked questions, to provide help on issues relating to council tax payments and benefits.

### 3. Community Support Hub;

East Devon has established a Community Support Hotline to help local residents, communities and organisations access information and support, or to volunteer their time and resources to help our local community. The council works in association with local support groups.

More detailed information is published on;

- Request, or offer community support
- Coronavirus Community Food Fund
- Community contacts in East Devon
- Volunteering Tips, and how to help safely
- Shielded Individuals
- Community Grants available



- Useful support and links for community groups

Community Support Hub Hotline is; **01395 571500** and is open 9am to 5pm, Mon to Fri.

#### **4. Information on your services delivered by East Devon District Council;**

Our first priority is to ensure that the services most important to residents continue as efficiently and effectively as possible.

The council considers advice from Public Health England, Department for Health and Social Care & Ministry of Housing, Communities and Local Government in making necessary and timely decisions.

#### **5. Information and advice for businesses, employers and employees;**

Government has issued and continues to update advice. Links are provided to the latest published guidance.

Numerous government measures to support business include;

- Job retention scheme, where employers can claim grants up to 80% of wages, capped at £2,500 per worker, per month.
- VAT & Income Tax payment deferral
- Statutory sick pay relief for SME's (Small organisations)
- Business Rate Relief for small businesses
- Small business grant funding
- Business interruption loans
- HMRC, Time to Pay.
- Protection for Commercial tenants and a new package to protect companies driving innovation.

There are also several initiatives to help the self-employed, including income tax payment deferral.

#### **6. Personal health and wellbeing;**

The final section of the website includes links to advice on health, staying at home, social distancing, mental health and wellbeing and avoiding scams.

I hope that these details are useful.

Stay safe.

**Cllr Ian Thomas**

**Cabinet Member for Finance and Independent Ward Member for Trinity  
East Devon District Council**

**Mobile phone and FaceTime:** 07884 494474

**email:** [ian.thomas@trinitymatters.co.uk](mailto:ian.thomas@trinitymatters.co.uk) **Facebook:** [@CouncillorIanThomas](https://www.facebook.com/CouncillorIanThomas)

**Twitter:** [@CllrIanThomas](https://twitter.com/CllrIanThomas)

# Village Hall Booking Dates for May 2020

## **REGULAR HIRERS**

### **Uplyme Pre School/ Term time only**

Mondays 9am-3.30pm

Wednesdays 9am-1.15pm

Tuesdays/Fridays 9am- 1.15pm

### **Toddlers**

Tuesdays 1.45pm-3.45pm

### **School – Mrs Ethelstons/Term time only**

Wednesdays 1.30-3.30pm

Thursdays 9am- 4.30pm

Fridays 1.45pm-4.30pm

### **YOGA**

Thursdays 6.30pm-8.00pm

### **Short Mat Bowls**

Mondays 7.30pm-10.00pm

### **Patchwork ladies**

1<sup>st</sup> Wednesday of every month

1.30pm-4.30pm

### **Viaduct ladies group**

Every Wednesday 1.45pm – 3.15pm

Meeting room

### **Parish Council**

2<sup>nd</sup> Wednesday of each month

7.15pm-10pm

### **Horticultural Society**

4<sup>th</sup> Wednesday of each month

7pm-9pm

### **Mainly Ballroom**

Saturdays 8pm-11pm (check dates)

### **Quakers**

Sundays 9.30am – midday

### **Village hall committee meeting**

1<sup>st</sup> Tuesday of each month 7.30pm onwards

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hours**

**THE HALL COMMITTEE  
ARE FOLLOWING THE  
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GUIDELINES.**

**WE WILL KEEP YOU  
INFORMED THE BEST WE  
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Jan 30<sup>th</sup>, Feb 27<sup>th</sup>, Mar 26<sup>th</sup>, Apr 23<sup>rd</sup>, May 21<sup>st</sup>, Jun 18<sup>th</sup>,  
Jul 16<sup>th</sup>, Aug 13<sup>th</sup>, Sept 10<sup>th</sup>, Oct 8<sup>th</sup>, Nov 5<sup>th</sup>, Dec 3<sup>rd</sup> 2020.

Facebook.com/devonmobilelibraries Tel. 0345 155 1001  
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## Ed's Extra -

All at Uplyme Church including myself at the magazine hope you are keeping well and safe. Please make use of all the contacts we have tried to publish in the magazine this month. There are groups out there who are trying to help and support those at most risk and vulnerable.

### What a village we are!

Most of the groups that meet in and around the parish are **not** meeting, this does not mean they have stopped completely. You should contact the groups themselves to keep up to date about their progress and what they are planning.

If you have access to social media (Facebook, Twitter, Instagram) you can get the most up to date information around the village and find out what's happening. Now may be a good time to join!

I think we will only have an online version of the magazine for the next few months. Please remember to support your local businesses, many who advertise in the magazine.

**#KeepWell KeepSafe**

**Robin - Ed**

## Parish News Details

**Editor** Robin Hodges  
**Address** Redlands, Lime Kiln Lane, Uplyme, DT7 3XG  
**Tel:** 01297 445180  
**Email:** parishnews@uplymecgurch.org.uk

**Printers:** Herald Graphics Ltd, Elgar Road South, Reading, Berks

Copy Deadlines:

### Inclusion in Magazine for:

July  
*August/September*  
October  
*November*  
*December/January*  
February  
*March*  
April  
*May*  
June

### Deadline

June 10th  
*July 10th*  
September 10th  
*October 10th*  
*November 10th*  
January 10th  
*February 10th*  
March 10th  
*April 10th*  
May 10th

Please remember that the magazine is usually available on the on the last weekend of the preceding month or the first weekend of the month for which it is published. However, on occasions it may not be delivered or distributed till later. We suggest that any event that is in the first week of the month, should be submitted for inclusion the month before. ie; Jumble sale on Sat 1st June should be in the May magazine, so submitted by April 10th



# Uplyme Church

part of the Axe Valley Mission Community

Pound Lane, Uplyme, DT7 3TT

Priest in Charge of Uplyme & Axmouth



## Team Rector

email:

**Rev Clive Sedgwick**

c/o the Church Administrator

Reader

Roger Grose

22107

Church Administrator

Linda Nicholson

444499 (Church Office)

email:

administrator@uplymechurch.org.uk

## Opening hours:

**Mon CLOSED**

**Tue CLOSED**

**Wed CLOSED**

**Thur CLOSED**

**Fri CLOSED**

Churchwardens

Martin Wells

444289

Jo Clarke

443050

Hon Treasurer

Phillip Tolhurst

678475

Safeguarding Advisor

Jo Clarke

443050

Noreen Watson

Church Membership

Mike Maccoy

442321

Pastoral Co-Ordinator

Roger Grose

22107

Youth Work

Simon Smith

647521

Under 5's

Janet Impey

444499

Festival Choir

Adrian Pearson

442902

Flower Rota

Felicity Langford

Saturday Football

Robin Hodges

445180

Mrs Ethelston's School Head

Katie Lyons

442210

Church News Update

Church Office

444499

Parish News Editor

Robin Hodges

445180

*Redlands, Lime Kiln Lane, Uplyme, Lyme Regis, Dorset, DT7 3XG*

**Email:**

parishnews@uplymechurch.org.uk

**Uplyme Church Registered Charity Number 1131962**

All telephone numbers are STD code 01297 unless otherwise stated.