'changing lives and building community through Jesus'

# uplyme church Parish News June 2020

www.uplymechurch.org.uk

# **Church Services**

As per the directive from the Church of England, all Church Services have been cancelled until further notice and all Churches are closed.

For further information about & from Uplyme Church, please go to their social media pages and website. www.uplymechurch.org.uk

The BBC Radio 4 broadcast a service every Sunday at 8.10am and for further details and services please look at their schedules on their website <u>www.bbc.co.uk</u>

# Join Uplyme Church every Sunday for an online service!

Simply search for '**Uplyme Church YouTube Channel**' and you should easily find our channel on YouTube. Each Sunday we offer a traditional and contemporary service - so click on the service that you want to take part in!

Services are available just before **10am each Sunday**, but are available to watch at any time after this, you can watch as many times as you like! Feel free to join us afterwards for a coffee and a chat - details of the **Zoom meeting** are available at the end of the service. If you haven't joined us already then feel free to check out our previous services.

Please subscribe to the Uplyme Church YouTube Channel so you get notified of new services and videos as we post them - we would love to reach 100 subscribers!



# June 2020

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News and Information was very thin on the ground this month, hence the size of the magazine. We hope that we will be able to once more deliver a hard copy to all the houses in the Parish for next month!

Please keep us informed of your plans and events. Lets make sure the Parish knows whats happening!

# **Parish News Digital Copy Deadlines**

Please remember the **NEXT** issue of the magazine is for **July** and all articles up to and including things for early **August** should be with us by the **10th June** 

Email to - parishnews@uplymechurch.org.uk





# **The Sedgewick Papers**

Our **hope** for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

2 Corinthians 1 : 7

I read this recently :

#### It's OK if you were hopeful last week, but are afraid this week. Neither emotion invalidates the other, and neither makes you weak or foolish.

I wonder how often you are asked how you are ? So often our immediate response has been to indicate that we are OK. However, the present situation has led to many of us really

engaging with that question much more deeply than we might have done in the past. I think some of us might now be listening more thoughtfully to the responses we receive. I think we are engaging much more carefully to each other.

In the past I think the question, "How are you ?" often tended to be a conversation opener more than a genuine invitation to someone to share their needs and situation with us. But I think Coronovirus and 'Lockdown' has changed that. We are genuinely asking about the well-being of others and want to offer new levels of support and encouragement.

We are in difficult and challenging times. It is not a demonstration of strength to try to appear to be in control, unafraid, or unaffected by what is happening. How we feel is how we feel and that is OK !

We should also recognise that we can feel differently from day to day and even hour to hour. It is OK to feel lonely or frustrated – and equally no one should feel guilty for enjoying some peace and quiet or a few hours in the garden. It is OK to experience a gamut of emotions – and OK to be open about them.

Perhaps what we should try to do is be more open when we ask, or answer, the question "How are you ?" and we might learn to be better listeners and sharers of our true state of mind. We don't expect others to make things right, but deeper communication enables us to care more for each other.

I believe God gave us prayer that we might communicate better with Him and share our innermost thoughts and cares. Perhaps during this enforced period we should really work to improve our communication with our God and with each other.

With thoughts and prayers

#### Clive Sedgewick

# From the bound of the Parish Magazine. During this time of lockdo see the love and fellowsh village. Apart from the more

# Hello and welcome to this downloadable version of the Parish Magazine.

During this time of lockdown it has been incredible to see the love and fellowship shown by people in this village. Apart from the moans about someone having a bonfire most nights near Whalley Lane (they seem

to be springing up all over the place now!!), it has been lovely to see and hear how people are getting on in these times of trial.

It's really good to see busunesses working out how they can accomodate people during the lockdown & the Talbot is no exception. They are hard at it, working out how they can do some sort of "Limited" re-opening to maintain safety and social distancing as we move forward and the restrictions are lifted, and if you've not had a takeaway meal from them, you really should.

The village stores has been magnificent in their approach, and even the queuing up outside has it's benefits of catching up with each other! Always friendly and keeping us stocked with food and fuel.

I've mentioned just two businesses, but many are adjusting to this new normal, and we thank you all.

If you know of anybody or business that's adapting, get in touch with us and lets give them a shout out for what they are doing. We've had 10 weeks of clapping the carers, lets now start giving a shout for the people and businesses who are doing so much!

It is most important now, more than ever, that everybody "Stay Alert, Control the Virus & Save Lives". Social distancing is still a bore, but we must do it. Together, just like the Village, we will get through this together.

# #KeepWell, KeepSafe



# Celebrating and Not Celebrating Birthdays with Family Holidays or not!



Our trip to Marrakesh in 2015 was very successful. Our villa was enclosed behind high walls and the gardens consisted of orange and lemon trees. Apart from the main villa there were two small cottages in the gardens which housed three of us. From the gardens we could see the snow-capped Atlas Mountains floating in the distance. One of the

delights was the live-in cook Souad, who had a small shack in one corner of the gardens and who provided freshly-cooked pastries for breakfast each morning and delicious tagines every evening. In addition, above and beyond her duty, she also did all the washing for my younger daughter who had two young children. We had the use of two mini-buses with drivers within a few minutes of a phone call and used these to occasionally go out for lunch. Four of us, myself and three of my four children, used one of the mini-buses one day to go up into the foothills of the Atlas Mountains for "a gentle stroll to a waterfall". It turned out to be much more strenuous and we had to pay extra at one point to go up a ladder (see photo).

Souad only spoke Arabic or French and if we needed to ask her anything or arrange lunch instead of an evening meal we had to compose notes in our basic French which she seemed to understand. Both the above accommodations were booked through Holiday Lettings, a Trip Advisor



company which I would thoroughly recommend from my experiences. At Marrakesh one toilet sprang a leak and the owner had a new one fitted the same day. I had paid fully for the accommodation in Dartmoor and when we had to cancel owing to the pandemic, I received a full refund including the booking fee.

#### David Jones



# On The Edge Framing

Why not use the lockdown to sort through your favourite photos, to design a new look for your poster and picture displays, or to create an artwork or two? Until further notice we are able to offer a collect-and-deliver framing service – please phone us to arrange for us to pick up your work from an agreed location – then we will discuss your requirements by phone and email as required before completing the job and delivering back to your address.

# **Mrs Ethelstons School**

Hello from Mrs Ethelston's school. We have remained open for Kev Worker Children and have been teaching all other children using an online platform. The staff and myself have been so proud of how hard the children have been working. The children are now sending work back to us and it has been amazing to see what a good job they are doing. I must also say a huge thank you to the adults in the house for helping out - it really is one big team effort. We are all learning to adjust to this way of working but everyone has been brilliant. Each Wednesday, Miss Stapleforth posts a video of a Worship for us to enjoy and share and we have also created an Extreme Read Challenge. The children have sent in photos of themselves reading at home, or when they are out



exercising and we have created a document so we can share them on our digital classrooms. It was amazing to see everyone reading and definitely made us feel connected again.

Stay safe and take care,

#### Miss Lyons.

## Lipstick

Every morning, a little girl would go in the bathroom to watch her mother as she was putting on her makeup to go to work. But during coronavirus, the mother stopped bothering with makeup, much to her daughter's confusion. "Mummy," she cried early on in the lockdown: "Come back! You forgot to kiss the toilet paper goodbye!"

#### **ON THE EDGE** SN DESIGN & BUILD LTD **TAILOR-MADE FRAMES** The Haven, Harcombe, Nr Lyme Regis, DT7 3RN safe PROVED . . TRACTOR **JENNIE & ADRIAN PEARSON** \_ 01297 444999 ontheedgeoflyme@btinternet.com New Builds / Extensions **PAINTINGS - PRINTS - PHOTOS - TEXTILES** Garden Rooms Experienced Refurbishments PIANO AND SINGING TEACHER Full Project Management In House Architecture Specialities: \*Beginners \*Primary age children Planning \*Descant recorder \*Theory of music Heating & Electrical \*'Fresh start' \*Enthusiastic adults Delightful garden studio just outside Uplyme Tel: 01297 22278 /07900 985203 Adrian Pearson B.A., Cert. Ed. Email: nicki@sndesignandbuild.co.uk (01297) 442902 Mike Ebdon **CHOOSE YOUR** Flectrician

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# Uplyme Help at Hand - cares

**General Enquiries:** Anne – 01297 444799 **Transport:** Sue – 01297 444289

Marilyn - 07885 859946

David - 01297 444799

#### Temporary arrangements due to Corona Virus

Thanks so much to all the new younger volunteers who have come forward and are helping those of us with total restrictions YOU ARE OUR LIFE-LINE

Without your help we would not be able to stay safe so we owe you everything.

Although the majority of our established volunteers are not able to offer help, please do ring the help lines if you have an urgent need eg prescriptions. They will put you in touch with someone who can and is willing

With Help at Hand and the Village Help Scheme, no one's needs should be unmet. The Parish Council, the village shop/garage and the pub with Wendy and Steve have done everything in their power (and beyond!) to protect and feed us and keep our spirits up. What an amazing place Uplyme is and aren't we all so fortunate to live here!

This was headed "temporary "arrangements – I believe the changes will be "permanent" as a result of the new bonds which have formed and the care, concern and thoughtfulness that has been shown to one another.

A truly positive outcome from a terrible disease.

Please keep safe and well especially now that visitors are arriving in our area making social distancing harder.

# **NEWS FROM THE PUB**



It seems such a long time since the Pub was open, it feels such a very very long time since I have been able to see our own children, grandchildren or my mother, so why does it also feel that the past two months have flown by? My emotions swing from looking forward to a joyful future, to then feeling so sad about facing another day of social distancing. However, I hope and pray that before too long, we will, be able to visit our families and friends, sit alongside each other, shake hands and hug those we love and care about or give hug to those who just need comforting.

We are working hard inside and outside in the garden to prepare for what will certainly be quite different experience when visiting the pub. For a little while at least, we are turning the top bar area into an Off License, we are having full screens made for the serving area of the off license to ensure we are following all guidelines and rules for the safety of our staff and customers. We will also be installing a full screen around the bar area in readiness for when we can re-open. I am certain however, that there will be limits to the number of customers allowed inside at any one time and quite rightly so.

Thank you so very much to everyone who has had a pub takeaway, our support means the World to us. Please continue to look after yourselves and each other and our lovely Village Community.

Warmest wishes

## Wendy xxx

If you remember in the last hard copy of our Parish Mag there were some messages from our staff and customers. Just before our lockdown closure I was sent the following; and so will end this month with another customer message from Charles and Barry and would like to thank them for their kind words.

In days gone by, Public Houses and Inns were also known as a hospice, a house of entertainment for strangers, a hostel, a home of refuge. And so it is, that we Barry and Charles on Monday and Thursday evenings seek out the sanctuary and pleasantries of this wonderful Public House, The Talbot Arms. Steve and Wendy and not least their devoted staff tolerate and embrace our often intense and highly intellectual conversations on a multitude of subjects. Political, social and the unmentionable.

We stand by you in these difficult times.

Barry and Charles

# Poetry Corner by Nigel Ball

## **Early Summer**

As the moon drops out over Trinity Hill, And time doth feel it has stayed still, I walk the path many been before, With heart racing, scanning the floor.

It's cool with not a soul about, I am on my own, there is no doubt, Down to the seafront to watch the sun appear,

Over golden cap the orange sphere.

Early summer has shown it's true colour,

It's unbelievable, like no other,

The warmth I feel on my back as I walk away,

I feel it's gonna be a beautiful day.

I breathe that clean air, never before, Have I felt my lungs open and more, Free to have countryside and sea so near, And early morning bird song so clear.

Back home on this early summer walk, My dog with me, home to talk, 'What was it like?' everyone will ask, It was like nothing but, the best task!

A picture of beach huts in early summer, I took,

I have a picture on my phone, take a look, We all agreed it would look good on canvas one day,

So we had it done, for my wife's birthday!



# News from King George's Field.

The field is looking in excellent condition - the result of the excellent spring weather we have had this year and of course limited use to the Covid-19 restrictions. The Cricket Club members have been working hard with some early cutting of the wicket and rolling. Unfortunately the main mower drive belt needed replacing and they had to wait until early May for it to be fixed - but now it is fully working and the grass is being cut regularly. John Fowler has also managed to cut the outfield when it has been safe to do so, while no one else is using it! The Croquet Club members have also worked hard on their lawn and in early June are hoping to top dress it. Everyone is hopeful that before too long we will be able to get back to playing regularly. At the moment the Cricket Club members are allowed to practice in the nets as long as it is limited to two people and social distancing is observed. The Croquet Club have similar strategies in place to allow some play.

You may have observed James and Alan Booth digging and laying a concrete base, just inside the entrance gate. This is ready for a memorial seat for Paul Messer, which his wife June has kindly provided in his memory. June was keen to have it under the shade of a large tree as Paul loved watching Uplyme play from a shady location. I'm sure Paul would approve its location under the beautiful Sugar Maple tree.

After a couple of months closure due to Covid-19 restrictions the Tennis court was reopened on Wed 13 May. The trustees decided, based on government advice, to reopen the court for locals to use. We are not using the usual booking, payment and key collection from the Post Office due to social distancing restrictions, but leaving the court open and allowing locals to use it at no cost. Although of course any donations would be gratefully received! We are going to try it without a booking system and hope that people will use their common sense in using it when free and keeping their playing time to a maximum of an hour, if others are waiting. Eventually we hope to move to an online booking and payment system. Our trustee Jason Martin organised the opening of the court and displayed guidelines for its safe use on the court gate. We will regularly monitor its use during these uncertain times.

Disappointingly in the first few days some local youngsters decided to use the court for skateboarding and football - both of which damage the surface (which cost over £18,000 to replace in 2018 all from money raised in the local community). I have put signs up and hopefully they will take notice! The normal cost of the court is £6 per hour, so if you feel you can make a donation when you have used it that would be great - thank you.

James Thomas (Secretary for King George's Field Trustees) jrhyst@hotmail.com



# Uplyme & Lyme Regis Horticultural Society

www.ulrhs.wordpress.com



During the period that we are unable to meet we are publishing a special newsletter to keep our members in touch with each other. Below you will find an extract from our last issue. If you would like to sign up to receive the newsletter please visit our website **www.ulrhs.wordpress.com** and scroll down the Welcome page until you see a link 'Sign up for our monthly email newsletter'.

Welcome to our third newsletter of this summer – and the weather is being as strange as the rest of life. After the wettest winter on record, we now have had barely any rain since lockdown began, and my garden is showing the strain. Fortunately, the garden centres are now reopened, and we can go and spend all our spare cash on plants and other bits and pieces. Do support our local businesses if you can, they need it and we will need them in the future. Keep gardening, and there is lots more here to keep you thinking about gardening."

Robin Britton, Chair

# **Our Summer Show**

As the coronavirus restrictions head on into the summer, we're planning a virtual presence for our Summer Show, even though the physical show has had to be cancelled. We're expecting to run a limited number of classes and place people's photographs in photo galleries on our website.

We're working on the details so please keep your eyes peeled for updates by email and on the poster sites around Uplyme. As a reminder, our main noticeboard is on the side wall of Uplyme Village Stores.

# Check out our Facebook page

If you're a regular Facebook user, please check out our new Facebook page **https://www.facebook.com/UpLRHS**. We'd very much like people to post photos of their gardens, items of interest to other members etc. We look forward to seeing you there.

## Keep growing the potatoes!

Monica Mellor shares news of her entries for the Potato in a Bucket competition: "I recently joined the horticultural society and bought a bucket and potato for each grandchild. They all live too far away for me to get them to the children so I'm looking after them all. Not much difference in growth so far...."

The full newsletter contains many more stories for those of a horticultural bent. For further information please visit our website.

**Tricia Boyd** 







#### Affected by cancer? Looking for support? Need Help or advice?

We have been successful in being granted emergency funds from both several sources and therefore able to offer more online support. We can offer online counselling, life coaching, mindfulness and a variety of exercise classes. This is all free to anyone affected by any cancer. We are doing our weekly drop in via 'zoom' on a Monday 2-3pm.

Our beach hut is ready to go as soon as lockdown is lifted and this will be able to be booked online.

There is a selection of craft kits, magazines, puzzle books and jigsaws being delivered regularly and again this is all free.

For more details contact

info@axminsterandlymecancersupport.co.uk

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Axminster and Lyme Cancer Support on Facebook



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# **Divine Comfort**



### **Towards Keeping Calm**

Meditate on the words of Psalm 91:

"Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty."

Don't be frightened by "the pestilence that stalks in the darkness, nor the plague that destroys at midday."

"I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust."

## How may I enjoy peace of heart and mind in traumatic times?

Pray for help to trust in God's promise in John 3:16 that says:

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

#### **Further Encouragement**

You might find it helpful to read the whole of Psalm 91 and John chapter 3 in your own Bible.

Let's lovingly watch out for the welfare of our neighbours'



# 1<sup>st</sup> Lym Valley Scout Group (Uplyme and Lyme Regis)

The adventure has been continuing at 1<sup>st</sup> Lym Valley! Whilst the lockdown measures have been easing, providing welcome relief for many, we still have been unable to return to Scouting as we know it. However, as venerable readers of Parish News will know, this is not stopping us keeping the Beavers, Cubs, Scouts and Explorers entertained, interested, and optimistic for the future – with all sections remaining busy during this time.

Our group camp was a big success, please do take advantage of this digital Parish News by seeing the photos on the next page (not wasting any ink in doing so!). At its peak, we had over 50 members of the group getting stuck in from their back gardens or living rooms or from wherever they could find the space. It was great to see that everyone was so keen to do something different. My thanks to Sarah for putting together such an enjoyable camp.

The Cubs continue to meet virtually, with Becky now proficient in the use of Zoom. They've been making miniature rafts and seeing if they float, as well as making cakes in a mug (yum!), just two examples of what they're up to. It's definitely something other than schoolwork and gardening, and a good bit of fun as well.

The Scouts and Explorers are sharing a programme whilst we meet virtually – on a good night we get over 20 of them joining in! We're focusing on teamwork, team building and just messing around really... The programme this month includes making plays with sock puppets and a recreation of the popular Dave TV Show 'Taskmaster'. Also, this month we'll be joining in a virtual 'Strategy and Evolution' camp, which is normally held in Cirencester. The organisers have been fantastic and put together a range of challenges for the Scouts and Explorers to have a go at, the organisers also plan to recreate the atmosphere of the camp at home (I wonder how?).

This September, we will have space in Beavers (6 and 7 year olds) for new members – if your child wants to get involved in with our growing and thriving Beaver section do let me know. We also have space in our Explorer Unit (13  $\frac{1}{2}$  to 18 year olds) which is growing as well – our Explorer leaders, Sarah and Callum, have got some brilliant evenings lined up ready for when we go back, please do get in touch if your teenager wants to get stuck in. With regret, our Cub and Scout sections have a waiting list, but still please do put your child's name down as there is a chance that space will become available. Those parents who volunteer with the group, will have their children join straight away – it's good fun and is definitely rewarding.

I hope you stay safe, and look forward to seeing you all soon,

Yours in Scouting Karen Yelland Beaver and Scout Leader mob 07588389389 yellandpay@aol.com (written by Joshua Yelland)













# Village Hall Booking Dates for June 2020

### **REGULAR HIRERS**

Uplyme Pre School/ Term time only Mondays 9am-3.30pm Wednesdays 9am-1.15pm Tuesdays/Fridays 9am- 1.15pm

Toddlers Tuesdays 1.45pm-3.45pm

School – Mrs Ethelstons/Term time only Wednesdays 1.30-3.30pm Thursdays 9am- 4.30pm Fridays 1.45pm-4.30pm

YOGA Thursdays 6.30pm-8.00pm

Short Mat Bowls Mondays 7.30pm-10.00pm

Patchwork ladies 1<sup>st</sup> Wednesday of every month 1.30pm-4.30pm

Viaduct ladies group Every Wednesday 1.45pm – 3.15pm Meeting room

Parish Council 2<sup>nd</sup> Wednesday of each month 7.15pm-10pm

Horticultural Society 4<sup>th</sup> Wednesday of each month 7pm-9pm

Mainly Ballroom Saturdays 8pm-11pm (check dates)

Quakers Sundays 9.30am – midday

Village hall committee meeting 1st Tuesday of each month 7.30pm onwards

ALL REGULAR BOOKING AS ABOVE ARE NOW CANCELLED UNTIL FURTHER NOTICE, PLEASE CONTACT THE ORGANISER FOR FURTHER DETAILS

# IF YOU REQUIRE FUTHER UPDATES IN REGARDS TO THE HALL PLEASE CONTACT,

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THE HALL COMMITTEE ARE FOLLOWING THE GOVERNMENT GUIDELINES.

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# Ed's Extra -

We hope you are all keeping well and safe. Please make use of all the contacts we have tried to publish in the magazines over the past couple of months. There are lots of groups out there who are trying to help and support those at most risk and vulnerable.

#### What a village we are!

Most of the groups that meet in and around the parish are **<u>not</u>** meeting, this does not mean they have stopped completely. You should contact the groups themselves to keep up to date about their progress and what they are planning.

If you have access to social media (Facebook, Twitter, Instagram) you can get the most up to date information around the village and find out what's happening. Now may be a good time to join!

We hope to be back in print for the JULY isssue of the magazine, and thank you for your understanding during this time. Please remember to support your local businesses, many who advertise in the magazine.

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Printers:	Hearald Graphics Ltd, Elgar Road South, Reading, Berks					
Copy Deadlines:						
Inclusion in M July August/Septen October November December/Jan February March April May June	nber	Deadline June 10th July 10th September 10th October 10th November 10th January 10th February 10th March 10th April 10th May 10th	Please remember that the magazine is usually available on the on the last weekend of the preceding month or the first weekend of the month for which it is published. However, on occasions it may not be delivered or distributed till later. We suggest that any event that is in the first week of the month, should be submitted for inclusion the month before. ie; Jumble sale on Sat 1st June should be in the May magazine, so submitted by April 10th			

# #KeepWell KeepSafe

Robin - Ed

# Unlyma Church

Uplyme Church part of the Axe Valley Mission Community Pound Lane, Uplyme, DT7 3TT Priest in Charge of Uplyme & Axmouth						
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