

'changing lives and building community through Jesus'

uplyme church

Digital Version

Parish News

August 2020



www.uplymechurch.org.uk

Uplyme Church Service Update

SERVICES WILL NOW BE TAKING PLACE IN CHURCH ON SUNDAYS. PLEASE SEE THE NOTICE ON PAGE **PAGES 6 & 7** FOR FURTHER DETAILS.

The Uplyme Church Service is on YouTube at 10am (or any time later if you wish) followed by a live get together over DIY coffee on Zoom at 11am.

You can view the service on YouTube by clicking this link:
www.youtube.com/channel/UCcIQWLSAS49TN4ACnJTeFIQ

This will take you to the Uplyme Church YouTube channel – you can click it now and will see recordings of previous week's services. Early on Sunday morning the service will become visible. There will be two versions – a **traditional version** and a more **contemporary version**. The main content is the same in each but some of the liturgy and the songs are different. You can watch on your computer, smart phone, tablet or Internet connected TV.

After the service, at 11am, there will be a time of fellowship on Zoom or dial in if you don't have a tablet, phone or computer with a camera. Details of how to access this are given below. We will have a few minutes all together and then try to divide everybody up (randomly) into smaller groups of about 5.

Join Zoom Catch up chat at 11am – www.us02web.zoom.us/j/88508747830?pwd=WHg1cGs1QlNnVTJQWHFkdGpNc01jQT09

The meeting **ID is 885 0874 7830** and the password is **7evZ5W** (you may not need them).

If you would like to join the post service chat by phone (audio only) you can do this by ringing 0203 481 5240 and entering the meeting id: 885 0874 7830 and Password: 479839 when asked to do so.

We look forward to worshipping with you

There are Services broadcast from Exeter Diocese each Sunday.
Go to - **www.exeter.anglican.org** and follow the links.

The BBC Radio 4 broadcast a service every Sunday at 8.10am and for further details and services please look at their schedules on their website **www.bbc.co.uk**

Join Uplyme Church every Sunday for an online service!



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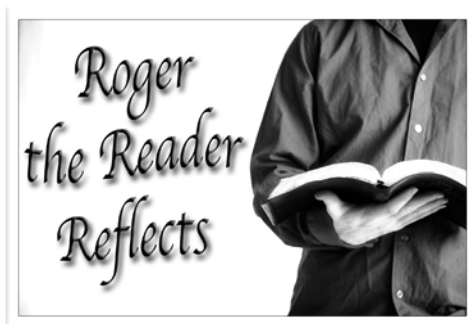
Digital Parish News Copy Deadlines

Please note the **NEXT** issue of the magazine will be a digital version and is for

September

and all articles up to and including things for early **October** should be with us
by the **23rd August**

Email to - parishnews@uplymechurch.org.uk



I must confess I'm a fan of Mr Bean. Some time ago, I was watching an episode where he climbed up a high diving board, decided against it, but couldn't come back down because of the queue behind him. It was an exact re-run of a situation I once found myself in. I'd taken a party of children to a swimming pool and I

was persuaded by them, against my better judgement, to dive off the high board. I guess I wanted to prove that 'Sir' was totally fearless. But when I got to the top of the ladder, my fear of heights kicked in and I decided to back out. Unfortunately, there was a queue behind me of my own children, still urging me on. In the end, I closed my eyes and jumped, accompanied by loud cheers. I've never been near high board since!

Jesus teaches us that knowing him allays our fears. Firstly, we must look into our own hearts and name our fears. That means being honest with ourselves, but we can often feel reluctant to do that, because it's so painful.

Secondly, we must accept that we can't always be in control. Jesus tells us that being fearful is not a place to stay or a way to live. It's not the life he lived, nor is it the one he offers us. Knowing him is not an insurance against life's problems. But it does mean that being in relationship with him is more important than being in control. It changes our perspective, from us being in control of our own life to living for the sake of God and others.

If we are to build a trusting relationship with Jesus, we need to create space and stillness in our lives. Mother Teresa was once asked what words she used when she prayed. She replied, 'I don't speak much to God, I just listen to him'. Then she was asked, 'What does God say?'. 'Oh He just listens too'.

Those who trust Jesus feel more contented, thankful and connected with people and nature. They lose interest in judging others and let things happen, rather than make them happen. Most importantly, their worries don't hold them back!

Roger Grose

From the Editor

Hello everybody. I'm afraid we are back online only at the moment. I am still waiting to hear from the diocese when we will be free to produce a hard copy of the magazine and shove them through your letter boxes!

I can't believe the fantastic weather we have been having, it's just typical that we have restrictions in place so we are not free to enjoy it quite how we normally would. I'm just waiting for the hosepipe bans to kick in! All we need on top of this virus is a drought!! However, lots of other places in the world cope with these things every year, if not all the time, and our **Uplyme-Uganda-United** projects are cases in point. Their needs at this time are huge, and if you feel you could support them, please contact the church administrator who will advise you how to donate to them. "Every little Helps"

As the church is now beginning to open up for services, we really look forward to the arrival of Rev Nicky Davis who will be joining us in the Axe Valley Mission Community during this month. Details and how to go about attending the services can be found elsewhere in the magazine. You are advised not to just turn up at the church on Sunday. There has to be a strict record of who's going and numbers admitted are very limited.

I was chatting to a friend of mine recently about his life in lockdown. Earlier this year he'd been having cancer treatment, and is therefore on the "*at risk*" list, and had spent the best part of 4 months in his house isolating with his wife. He said friends and neighbours were magnificent but the banging of pots and pans on a Thursday evening in the village made him tearful every week as he knows how good, kind and caring the nurses that looked after him were. Now as things ease for him, he's out having a game of golf and enjoying the fresh air. He says that every time he steps out of the house, he thanks God for this beautiful place we live in looks at it with new eyes.

Keep Well, Keep Safe and remember

Hands, Face, Space!

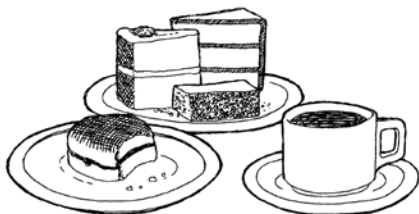
Ed

Join us for 'tea at 3'

An informal chat on ZOOM
Wednesdays at 3pm for everyone.

Zoom details available from me (**Shuna**)
or any of the Axminster clergy team,

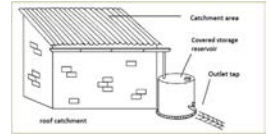
shuna.art@gmail.com



Uplyme - Uganda - United - Update

Tearfund's Uganda Representative writes: "We would like to thank you, for your enormous support to the work of Tearfund. We pray that God would continue protecting and strengthening you, even as you pass through the difficult times of COVID-19. We'd like to share the following words of encouragement with you:

"Be strong and courageous. Do not be afraid or terrified because of them (COVID -19), for the LORD your God goes with you; he will never leave you nor forsake you." Deuteronomy 31:6



COVID-19 IN UGANDA: Official figures show that as of the 22nd July*, Uganda had a total of 1075 cases of COVID-19, with 958 people recovering and no recorded deaths. The earliest cases appear to be mainly truck drivers who tested positive for Coronavirus at border crossings. However there are increasing numbers of cases being recorded in districts away from the borders, a sign of community transmission. These, along with the increasing numbers of medical personnel testing positive for Coronavirus, are the biggest threats in the fight against Coronavirus. The Uganda Government's initial response was decisive and timely. Initial measures included a national curfew and lockdown which was reviewed and extended over a period of seven weeks. Recently the lockdown was relaxed; people can travel, while public transport has been reopened along with some businesses. However, strict social distancing measures are being enforced. A national task force was set up to manage the response, while district task forces are coordinating responses at a local level.

A NATIONWIDE RESPONSE: A call from the President to provide supplies and help for local responders has been met with an overwhelming response. Individuals, businesses and other institutions donated tons of food, soap, hand washing containers, masks, sanitary pads, vehicles and other household items. The pandemic has exposed the social injustice in Uganda, such as broken family relationships and the poor saving culture. Households that depend on a daily income such as motorbike riders and food vendors have been hit hardest. Some food distributions took place in cities, but more is needed. The government has promised to do more after lockdown is lifted. There has been increased incidence of poaching wild game.

THE CHURCH'S RESPONSE: Churches in Uganda are still on lockdown, though some continue to worship through radio, television and online platforms. The church's response has been united and proactive. Many are taking a lead in praying for the country and educating people about Coronavirus and measures to control it. Churches are also distributing food to the vulnerable and addressing issues relating to the lockdown especially gender based violence (GBV) and disagreements between communities and authorities.



Church service prior to Covid

Our partner - THE DIOCESE OF KIGEZI'S RESPONSE TO COVID-19 : Despite the challenges, Kigezi Diocese Water and Sanitation Programme (KDWSP) have been responding to the pandemic. They conducted an assessment of existing water supplies in the diocese to identify which areas needed clean water for handwashing. They found that seven gravity flow schemes and two protected springs were out of action. **Three of the gravity flow systems have now been repaired, restoring clean water supplies in Kaato, Nyamabare and Kabanyonyi.** KDWSP plan to work on the other systems in the coming weeks. Meanwhile, two new springs have been protected in Rushambya and Kitabugika, serving over 1,400 people. These will help to reduce overcrowding and encourage social distancing at existing tap stands. Finally, **four new 4,000 litre rainwater harvesting tanks have been built to supply vulnerable households, serving 27 people.**



At all office and field sites, KDWSP staff have been careful to implement protective measures including; observing social distancing, regular hand washing and wearing masks. While this has protected staff, it has also limited community participation, slowing their work down. Other measures such as travel and curfew restrictions have limited field work and KDWSP's progress and responsiveness. Restrictions on gatherings make it harder to engage communities and involve them in the work - reducing their ownership of these projects. All activities need approval from the District task forces, which delays the progress."

"...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

Terracing makes all the difference to effective crop production in the hilly areas of South West Uganda

*updated data by Russell and Morag on 22.7.20

The Kigezi project we support is a very ambitious one. It seeks to transform many lives in South West Uganda. The projected cost of the project is £100,000 and so far around £33,507 has been raised by supporting churches and other individuals in the UK. Recent figures show that 33,126 lives have been transformed by this project. That's about £1 per head!

Now that is amazing value and good news!



More Uplyme Uganda Updates next time.....

Russell and Morag Kingsbury

SERVICES TO BE HELD IN UPLYME CHURCH

As some of you will know our Church will be allowed to hold services in the building from the **2nd of August** but there are some quite severe restrictions as to the NUMBERS allowed within the church, the FORMAT of the service and the PRECAUTIONS that have to be taken with respect to those attending.

DATES AND TIMES OF SERVICES

Aug 2nd	10.00am.. Eucharist	Rev Clive Sedgewick
Aug 9th	10.00am.	
Aug 16th	6.00pm. Eucharist	Rev Nicky Davies
Aug 23rd	10.00am. Eucharist	Rev Nicky Davies

RESTRICTIONS

To conform to Government and Church of England requirements to prevent the spread of Covid 19 a minimum SOCIAL DISTANCING OF 2 METRES between each person is required apart from family members who are part of a 'bubble'. To put this into effect we have to LIMIT THE NUMBER of persons who may attend each service to 30 people, including the Leader, the Reader of the lesson, the person giving the Talk and the person officiating in the giving of the Eucharist. ***(the Eucharist (communion) will not be shared with the congregation but received by the Celebrant on behalf of the congregation).***

The SEATING will be divided between the Nave, the Chancel, the Bell Tower upstairs and the Gallery. The stewards at the service will guide you to the vacant seats as you enter the Church.

You will be requested to use the **HAND SANITISER** as you enter the Church.

There will be no singing and **FACE MASKS** must be worn.

Entry to the church will be by the Main Door and exiting via the Fire Door at the rear. **The toilet will not be available for use.**

There will be no coffee after the service and it is vital that Social Distancing is kept at all times, especially on entry and on departure after the service.

***** IMPORTANT *****

IF YOU WISH TO COME TO ONE OF THE SERVICES

The PCC and the Wardens have decided that the best method of ensuring that the numbers who wish to attend any of these services are kept to the correct level, is by people who wish to come to a service to notify the Church Office by

email or leave a message by phone to reserve a place. At the moment it will be on a first come first served basis:-

Ring on - 01297 444499
or email:- administrator@uplymechurch.org.uk

These messages will be checked daily.

Anyone who find themselves unable to attend because of the allowed numbers being exceeded, will be contacted and offered priority booking for the next available service if they so wish.

The excellent ON LINE SERVICES will continue for the foreseeable future and run in conjunction with the physical services in the church.

Should you have any doubts about your health in an enclosed building during this period of uncertainty, or have any COVID symptoms you should not attend.

If you have any questions please contact us via the Church Administrator and one of the Church Wardens will come back to you.

With sincere thanks

Martin Wells and Jo Clarke - Church Wardens



Uplyme Help at Hand - Cares

General Enquiries:

Anne – 01297 444799

Marilyn – 07885 859946

Transport:

Sue – 01297 444289

Dave – 01297 444799

What have our volunteers been up to during lockdown?

Our ever-willing volunteer Fred has become a star of TV and radio!



He rang Radio Devon to find the answer to a question when lockdown rules were first eased for those living alone. Was his son, daughter in law and young granddaughter allowed to travel a distance to see him and stay the night? Sky News became interested in the story as did BBC Spotlight and before he knew it there were camera crews at Barnes Meadow and he was featured on local news. Fred saw her walk for the first time – a thrill and a tonic!

I have other photos to show you but despite hours of trying I can't seem to get them onto the page – next time when shielding is easing, I shall hopefully get some help!

Life for Help at Hand will be different in the future. Outings for a while will be on hold. Collection of shopping and prescriptions can continue but giving lifts is more problematic. Chats on the phone are safe and welcome. Visiting in the garden socially distanced should be possible. Do ring the above numbers if you need help and we will see what we can do.



It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth
Mark 4:31

The mustard seed – like so many tiny seeds - is a very small dark little thing which looks like nothing useful at all. Jesus told a parable about a mustard seed. It describes how something that is quite unpromising in its beginnings develops into something extraordinary and beautiful. A mustard seed, something unremarkable and amongst the smaller of seeds, has the potential to grow into something large and extraordinary.

The plant referred to here is generally considered to be black mustard, a large annual plant up to 9 feet (2.7 m) tall. It is also unusual in that its seeds, once dropped do not require a period of hibernation but will germinate immediately.

There are so many things that we might take from this shortest of parables. What struck me first was that Jesus chooses to remark about the size of the seed. Being so small it yet quickly grows into something huge.

We live in a time and society where the big ideas are looked for and valued – and that is fine. However, what we might consider to be less important or inconsequential, is in the eyes of Jesus something of huge and revolutionary potential. The mustard seed will grow into a shrub - not especially much to look at, and it won't draw a lot of attention - but that shrub, for all its limitations, is a miraculous sign of the work of God.

We all recognise that these are challenging times. Perhaps we seek the guidance of law and of leaders to help us decide how to go about our rehabilitation into the world and how to cope with the new ways of being a community. The important thing would seem to be to start doing the small things and see how they grow.

John Wesley has had attributed to him the statement or prayer :

**Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.**

Jesus tells the story of a tiny seed that grows into a shrub. This might just be the way that God sets about achieving great things – we just need, every day, to do the small things that make a difference.

With thoughts and prayers

Clive Sedgewick

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Why not use these quieter times to sort through your favourite photos, to design a new look for your poster and picture displays, or to create an artwork or two?

Until further notice we are able to offer a collect-and-deliver framing service – please phone us on **01297 444999** to arrange for us to pick up your work from an agreed location – then we will discuss your requirements by phone and email as required, before completing the job, and delivering back to your address.



Axminster and Lyme Cancer Support

Axminster and Lyme Regis Cancer Support are delighted to announce that “**Mary’s Beach Hut**” is now open to support anyone affected by cancer whether it's themselves or family members. The hard work and support of the charity and the council have made all this possible.

The idea for the provision of this beach hut came from a local lady and her family (*The Ball Family*). After going through her own cancer treatment, they attended the funeral at Lyme Church of a family friend who had passed away following a battle with breast cancer. Whilst leaving the church they saw an information board about the famous

fossil hunter Mary Anning and discovered that she too had died from breast cancer, with limited treatment and support.

Fossil Films – producers of the film 'Ammonite' (2020), which contained scenes shot in Lyme Regis about the story of Mary Anning's life – had given the town a sum of money to go towards local causes, and thought a beach hut seemed a perfect idea. Mary Kahn (*founder of Axminster and Lyme Cancer support*) submitted the idea with the plans and the Council agreed. For those of you who have been through, are going through or have been affected by a battle against cancer, you are welcome to relax by the sea and enjoy your own little bit of Lyme.

If you to know more about the charity or help support us to keep everything up and running - please do contact us or donate via:

<https://axminsterandlymecancersupport.co.uk/>



Mary Kahn CEO holding a drop-in session from the Beach Hut.

Uplyme - Uganda - United - *TIJOC Update*

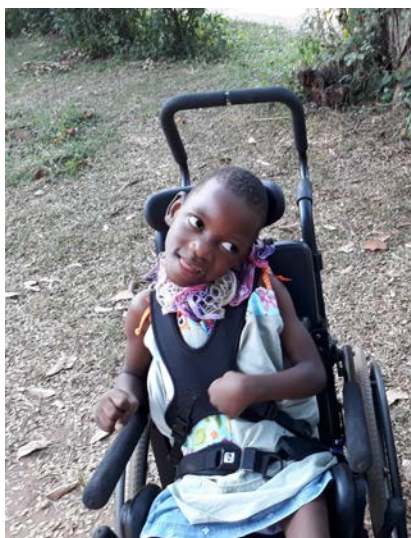
Greetings from Uganda where we continue to have a relatively low number of Covid19 cases (1,135) and thankfully only 2 deaths to date. The lockdown measures have gradually been eased although schools remain closed indefinitely and the airport and borders are yet to reopen. We are thankful that Bodas (motorbike taxis) are now allowed to operate as this is the method of transport many of our parents rely on to get to the hospital and also how our staff tend to visit children in locations where cars can not pass easily.



We are happy to report that our residents are all doing relatively well and have been joined now by our termly boarders Anna and Vincent who were struggling at home.

James was also brought in to stay as he was suffering from infected pressure sores and his Grandparents, who care for over 20 other Grandchildren, were struggling to manage his care. He, Ben and several of the other Treasures who live on site are currently benefiting from daily tutoring from our class staff.

This month we would like to share with you the story of **Naomi** who has been part of our community programme since the very beginning and who moved into our residential home in 2017. Naomi is a twin and has severe brain damage as a result of being starved of oxygen during delivery. Thankfully her twin sister Julie was not affected and is a healthy 11 year old. They have 6 brothers and sisters who live with their parents in the village of Wansalangi which is approximately 8 km from Kasana. Naomi's mother initially brought Naomi to us in order to get help



with Physiotherapy and medical input as Naomi has bad epilepsy and was having frequent fits. When Naomi joined our weekly Physiotherapy programme and began attending the Treasures class in 2016, it became clear to us that she was struggling to feed safely and not receiving enough nutrition (she was severely malnourished,) so after much discus-



sion with the family and district probation officer, it was agreed that she would move into the TIJOC residential home and have a Gastros-tomy feeding tube fitted at the local hospital. Since then, Naomi has gained weight and strength and her Epilepsy has been under much better control than before. Her family visit occasionally and once a month she goes for a weekend at

home. We would ask you to pray with us that in the future, Naomi is able to return to the family home permanently. This would require some home adjustments being made to ensure that there is running water available to ensure good hygiene for Naomi and her carers. We believe that reuniting Naomi with her family is worth the hard work and are working together towards this goal for the future.

Once again we would like to appreciate all of you in Uplyme who are supporting us as we do all we can to help families affected by disability in rural Uganda.

Blessings to you all

Kate Tolhurst



Shining Stars Playgroup is having its summer break but the volunteers are still busy - we are having our annual Clear Out & Clean Up session in August so that we're ready to open as soon as we're allowed.

Once we know about re-opening, we'll put the details on our Facebook page - Shining Stars Playgroup our web page - www.uplymechurch.org.uk/congregations/shining-stars

Or you can contact us by ...

e-mail: shiningstars@uplymechurch.org.uk

phone: 01297 444499



LIFE IN LOCKDOWN

Since my dearly beloved wife Liz died some seven years ago, I have got used to living on my own or at least I thought I had until the Covid-19 pandemic struck. Before lockdown I could do more or less what I wanted whenever I wanted to do it and I was looking forward to a summer of watching cricket with Uplyme and Lyme Regis Cricket Club and Somerset County Cricket Club as well as witnessing the conclusion of the football and rugby union season. From March onwards, of course the only sport available was repeats of football often in baggy shirts and shorts and long lost test matches. Shopping became a manoeuvre to be planned in detail at a prescribed time with social distancing and one-way systems, hand sanitisers, face masks and plastic gloves. Fair to say that the supermarkets rose to the occasion very quickly and got things well organised (at least at Tesco Axminster). It was also very helpful to be able after a little while to get on-line deliveries from Morrisons, after failed attempts at Tesco, Sainsbury and others.

Although I really have nothing bad to say about the online deliveries, it sometimes happened, not so much now but certainly when deliveries started, that quite a few things were not available and substitutes were given instead. In theory if you did not want the substitute item you could return it to the driver, but when you are unpacking very hurriedly four or five crates of items or 15 plastic bags, it is difficult to keep track of what you have or have not got and although the drivers are unfailingly polite and helpful they are obviously on a very tight schedule. As a result I have always accepted the substitutes offered although I was a bit perplexed when having ordered one cauliflower and two types of broccoli only to find that I had no fewer than three cauliflowers which led to a fairly boring week of cauliflower every day. A kilo of Jersey Royal potatoes were substituted by two and a half kilos of Maris Piper which was not quite the same.

Obviously personal contact was severely restricted early in the lockdown, so I used the allowance of providing care to a vulnerable person to visit Shirley Hobden on a regular basis at distance and that has developed into a bubble with less restrictions. I am sure that this regular contact was of great benefit to both of us and continues to be. Three great joys for me during the pandemic have been firstly keeping in touch by telephone with members of the regular evening congregation weekly and secondly being involved in the fortnightly phone-in service. Throughout this very trying and strange times I have found everyone in the thirteen households cheerful and stoic and pleased to receive regular calls. I have also been very pleased that all

the regulars who do not have access to the internet have managed to find their way into the phone-in services and my only regret is that we have not yet found a way to have hymns playing satisfactorily.

Another great discovery in this period has been the availability of Zoom meetings. This has made the continuing management of the church much more easy, with virtual PCC and Wardens meetings. The family has also taken to having a family quiz on Zoom at 7pm each Sunday evening . This involves 13 people, with eight adults and five children with ages ranging from six to eighty. It is a joy to be able to see and talk to all the family at once even though they are scattered around the country. The team which wins has to prepare the next quiz. This has been my third joy.

Hopefully by the time you read this the restrictions will have been further relaxed and we will be moving towards normality by Christmas promised by Boris Johnson. The winter will, however, be another testing time for us all as the virus will still be with for some time and we must hope for an effective vaccine as soon as possible. One bonus of the lockdown has been that has been that I have done a lot more walking than previously and we have been blessed with good weather. I had hoped that I might have lost some weight but seem to have compensated by eating more.

David Jones



STAY ALERT
CONTROL THE VIRUS
SAVE LIVES



Uplyme & Lyme Regis Horticultural Society

www.ulrhs.wordpress.com



*This month we're looking back on our virtual Summer Flower and Produce Fair and looking forward to future events. We're still looking for a new Treasurer so if you, or anyone you know, might be interested, please get in touch. And if you would like to sign up for our special newsletter to keep us all in touch during the coronavirus restrictions please visit our website **www.ulrhs.wordpress.com** and scroll down the Welcome page to the link 'Sign up for our monthly email newsletter'.*

Success for virtual summer show

The Horticultural Society's first virtual summer show was a great success with nearly 80 entries from over 40 individuals.

Entries were received in ten classes with our popular potato in a bucket competition attracting more than 20 entries. Rachel Sykes displayed the largest yield of potatoes, achieving 1.708kg from a single tuber. Society members in Barnes Meadow, Uplyme held their own informal competition with a miniature cup being awarded to Mike Jenkins for his 854g of potatoes.

Fruit, flowers and veg all featured excellent entries, and because the show was virtual, we even had entries from as far afield as Castle Cary in Somerset. People also got creative with their chocolate cakes, with a birthday celebration cake and a coronavirus cake!

The photography competition theme of Life during Lockdown saw exhibits ranging from lush gardens and very large veg, through family get-togethers, to the cruise ships moored in Weymouth Bay. Somewhat different was Anita Routley's lockdown, which featured a 24-hour online board games session from noon on Saturday 30 May to noon on Sunday 31st. She played against friends and family from Lyme Regis, Newton Abbot, Aberdeen and Vancouver, Canada and raised more than £650 for Cancer Research UK. Anita is treasurer of the Lyme Regis branch of Cancer Research UK and donations can still be made by contacting her at **anita.routley@sky.com**

All the entries can be viewed on the Summer Show 2020 page of our website **www.ulrhs.wordpress.com**.

Future meetings and events

Our ability to hold trips and talks over the coming months will depend upon other people's decisions and government guidance.

In the meantime, we're doing our best to keep our members in touch and set up activities for people to get involved with. We're producing an email newsletter each month, we held our virtual summer flower and produce fair and trialled how we can use Zoom with our own version of Gardeners' Question Time.

Each month we review whether we can hold any meetings or events. So far, we have not been able to revert to our original programme for the year but we are already booking missed talks for 2021. We are hoping to hold our Matthew Wilson talk in March 2021 so those of you who bought tickets for this year will be able to carry them over to next year. Several of our other lectures are also being rebooked and we'll be able to let you have details of dates later in the year.

We're also looking at other initiatives. On Wednesday 26 August we're planning another Zoom meeting to share members' gardens. Members will be speaking about and showing some of their favourite plants and recent garden projects. There will be time for Q&A after each speaker so that we can learn from each other. We will also intersperse the chats with a virtual tour of a sumptuous garden.

We're looking for volunteers who'd be willing to talk through 2-4 photos of their garden and then answer questions from other members. If you'd be interested in getting involved please contact tricia@thegardenersblacksmith.co.uk

The committee is currently reviewing how best to hold our autumn show and we're considering a Zoom gardening quiz in October. If you have any suggestions for events and trips that might work during these unusual times, please contact Jo Benke-Smith at joanna.ulrhs@yahoo.com

Here are a selection of Photos from the "Virtual Show"

20th Birthday Cake by
Rosalind Hughes



Anita Routley's Board Game Bonanza



Potato in a bucket
Highest yield
from Rachel Sykes



Jam Jar of flowers by Liz Davis



Three different Veg from Rosemary Bowler



Lockdown Thorts & Poetry Corner by Nigel Ball

Lockdown has been a very different way of life for many of us. As some of you know my wife Karen has cancer, so we have been running to hospital for various appointments. We now face another 18 weeks of chemotherapy. You might think that lock down has been very difficult at times but there is always a plus side to everything. We cannot thank people enough in our hour of need. We've not had to enter any shop since the lockdown, shopping has been delivered to the door by the supermarket and local traders, even fish from our local fishermen and women has been dropped by. The medicine we need comes from the local pharmacy, and so the list goes on. The only thing that I've had to go and get is fuel, and this has only been twice!

You may not have seen me in Uplyme Church building for few years now, but this does not mean that my belief has changed. If anything my faith has got stronger. God helps us in many ways and this has come to light in this Covid19 pandemic. I have always said that the Church is the People not the building. You might say what is meant by this? Let me explain - We all need a place to meet and this is the church building, but remember we are all part of a church family. We have been having excellent services via the internet and great fellowship via Zoom meetings after on a Sunday morning. This has kept us connected with people we know and others we have never met or even knew have moved to the area. God has played a big part in this extending and bringing together the church family. At this point in this article I must thank all the people that have spent a lot of time and effort putting the tech and services together a truly remarkable effort.

Another plus that has happened after the lockdown was lifted, is that the 'Cancer Beach Hut' opened on Marine Parade in Lyme Regis. Reaching out to the community for somewhere to go for a solace, reflection, or just for a change of scenery. My wife and I had the chance to take a day out by the sea side which I can tell you, after all these weeks spent at home, was very special indeed.

As you all know by now, the gift that I have been given is writing poetry. The pencil seems to glide across the paper as if by magic, words from my head come to life. We all have a talent and this Covid crisis has certainly brought a lot of wonderful gifts we have been given. As I sat in the beach hut I wrote three poems but the one I want to share this month is called 'Evening Harbour'.

Evening Harbour

1 The Seagulls are on top of the bins
Bending their necks trying to look in
He has pecked a chip box onto the ground
Making a noise of a cardboard sound.

2 Now flown off onto harbour wall
Where there are boats big and small
eagle eyes look for food in cracks
as he pinches batter and gives it a whack

3 The evening harbour with lights not quiet on
and shapes on the water till they are gone
Fishing nets stacked green orange and blue
People walking by saying what do they do

4 Let us just sit and collect our thoughts
what did we do or what should we ought
with a clear head and a steady hand
we pick up our bags for a walk on the sand.

5 The lights in the harbour will be on soon
we will be able to walk home by the light of the moon
This is a special place there is another time
Of days we will spend in the harbour of Lyme.

By Nigel Ball - Summer 2020

PS. If a subject or place is dear to your heart may be write a poem about it.

*May God shine a light on and over you.
And keep you all safe.
Amen*



God in the Arts

The Rev Michael Burgess considers 'The Transfiguration' by Fra Angelico. It is found in the Dominican convent of San Marco in Florence.

The Transfiguration – beholding the Glory

TQ – Tingle Quotient – is the name given to those things that can produce a tingle down the spine or a frisson of excitement. It could be a piece of music or the sight of an evening sunset at sea. We look, we hear, and our sense of wonder as something sublime unfolds before us produces delight and awe. We see a hint of glory that can even lead us to worship.

I think the monk who lived in cell no 6 at the Dominican convent of San Marco in Florence must have felt that when he entered his room and saw for the first time the fresco of the Transfiguration that Fra Angelico had painted. I am sure the sight would have stopped him in his tracks, just as Peter, James and John were stopped in their tracks as they beheld their Lord transfigured before them on the mount.

From 1436 Fra Angelico painted a whole series of frescoes for the convent from the High Altar to the Chapter House to the cells of the monks. Here in cell no 6 there is a restrained simplicity and directness about the Transfiguration. One of the three disciples looks out towards us, while the other two are caught up in wonder and awe as they look on Jesus with the faces of Moses and Elijah on either side.



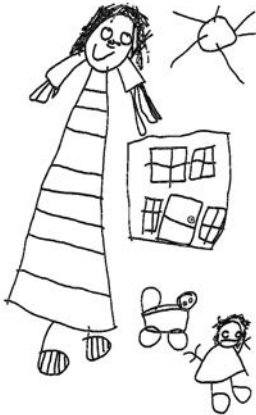
Here Fra Angelico is not seeking to impress a wealthy patron: he is providing a focus for devotion and prayer for the monks of his community. The scene speaks to us of that sense of awe and reverence.

On August 6 we celebrate the feast of the Transfiguration. The Gospel accounts relate that special moment of revelation to the inner group of disciples. The glory shown to them evoked a sense of wonder and marvel, but also a sense of loss. For the glory proved elusive and just out of human reach. The moment of revelation passed, and the disciples had to go down the mount again to meet the crying needs of the world, all but forgotten when they were with their Lord on the mountain top.

The monk in his cell would ponder the glory of Fra Angelico's fresco, knowing that he would be called from his cell to take up his monastic duties. But the painting would go with him to sustain and nurture his life. It is the same with us: we have moments of glory. But they pass, and we must return to our daily lives. As we look on this month's painting, we sense that glory and wonder which can sustain us through life. As Thomas Jones says in his poem on this episode:

*Like a pearl we hold
Close to our hearts
what we have heard and seen.*

Uplyme Pre-School



Uplyme pre-school closed its doors on Friday 20th March due to the Covid crisis, it was a strange and un-nerving time for everyone. We contacted our families and concluded that we did not have enough children to continue to open for essential workers only, so we closed the setting completely until 31st May.

After the government announcement that Early Years settings should open again, we held numerous staff/committee meetings to discuss how this would be done safely, also much paperwork, policies, procedures and risk assessing. We were required to run a "bubble system" where children stayed in small groups of 8 with the same adults on each session. We were very fortunate to have 8 children who wished to return, and 2 members of staff that were also happy to run the sessions.

We re-opened on Monday 8th June with new procedures and risk assessments in place, and very many less toys for the children. We decided that we should run less sessions and open for shorter hours for a while to see how things went, and in order to ensure the hall was safe during ever session. We followed all the guidelines that we had been given, these often changed on a daily basis. We packed away all soft furnishings, cuddly toys and dressing up outfit, the sand and play-dough were no longer free play, and children had their own set of pens, paper, etc.

Parents have not been allowed to enter the hall and all children have been collect/dropped at the front door. Staff have met the children in the foyer each morning and taken them straight in to wash their hands, they have also been practising good respiratory hygiene and increased cleaning and toys sterilisation. Our sessions have been held outside for the entire morning, and the hall doors and windows at have been opened to allow good air flow. The children not be able to bring any personal belongings with them, no bags, toys or spare clothes were allowed to travel daily to pre-school, all belongings required had to stay in the setting for the duration of the term.

We did wonder how the children would find the "new normal" at pre-school, but they all came in very happily and have settled exceptionally well. They seem unfazed by the changes and have all enjoyed being back with their fiends and teachers again.

We are not able to practice social distancing at pre-school, this would not be healthy for young children, they need hugs and contact. We do not use masks or gloves at the setting unless we have a sick child or are changing nappies or clothes. We are incredibly grateful to the staff who happily volunteered to come back and run the sessions, some of our staff were unable to return due to shielding and second jobs, but all staff wanted to help and support in some way or another.

We will send 22 children to school in September, but we are still very busy in the autumn term, the Covid crisis does not seem to have put parents off sending their children to Uplyme Pre-school. We are busier this autumn than we have been for some time, I think this shows that our families trust us to look after their children, even during a time of such uncertainty.

We are very pleased to say that our return in September looks much more normal than it has done in the early part of 2020, we are running all our usual sessions and hope to have all staff back at work. We will still have safety procedures in place in the new term, we will monitor our numbers, and we will still run sessions outdoors for as long as possible, but we hope the setting will look more like the pre-school we all know and love.

If you would like to enquire about a child starting with us, or if you have any questions relating to our Covid policies and return to pre-school, please contact Annie on 07856633513 or email uplymepreschool@aol.co.uk.

We closed for the summer holidays on Wednesday 15th July and we will open again on Monday 7th September. The emails and messages will be checked each day but there may be a short delay before you receive a reply (especially if the sun is shining!), but please feel free to contact us.

Thank you for everyone's support and help throughout the last few months.

Have a lovely summer, stay well and we will see you in September.

Annie Thurgood

Uplyme Pre-school Manager

Pre-school 01297 445087 or 07761143882



WALKING ROUND THE EIGHT PARISHES OF THE AVMC – NO.2 ALL SAINTS

All Saints is a small village just off the Axminster to Chard road and is close to other small villages in Smallridge and Churchill which are also visited in this walk. Full instructions including a helpful map can be downloaded from the Lyme Regis website at www.lymeregis.org/walking.aspx and is Walk No. 6 in the Liz Jones Commemorative walks and is titled Battleford Hall. The reason for this is that we start the walk from a layby on the left shortly after the traffic lights at Weycroft and the walk begins by taking the drive down to Battleford Hall which is immediately on the left past the layby. We follow the drive until just before the hall comes into view, but the grounds to the left of the drive are very pleasant and contain several specimen trees, including a copper beech and an ancient oak. We cross a stile on the right into a field which leads on to a lane which in about 400 yards brings us to a "T" junction around which all the major buildings of All Saints are conveniently situated. To our right is the Village Hall and car park, directly ahead is the CofE Primary School and to the left is the church of All Saints itself. (see photos)



We take a footpath between the school and the church and follow this in a northerly direction for about a mile and a quarter. The way is well signed and easy to follow especially with the printed instructions and is mainly through grassed fields. Soon after the beginning of this stretch we pass a lovely old thatched cottage and towards the end we pass another thatched cottage (Dirks) both on the left. Shortly after Dirks we emerge on to a road and turn left for a short while before turning into a lane on the left signed Beacon Hill Cottage and Fernham. This lane climbs gently up Beacon Hill, soon revealing extensive views and becomes a track which



descends through fields to a road. We follow this road downhill into the hamlet of Churchill. Shortly after passing a large white cottage we turn left into a "no through road" which leads past several attractive houses into three more grassed fields on to a road where we turn left into the village of Smallridge. After passing the village pub "The Ridgeway" we turn left signed Village Hall and take a right turn at The Old Post Office and follow a track to the left past Primrose Cottage and into a grassy track past another thatched cottage into a field. Having crossed this field diagonally to and over a stile we retrace our steps back to and along Battleford Hall's drive to the layby.



This is a lovely part of the countryside and the walk is mainly level with only the gradual hill of Beacon

Hill to climb. The walk is just over four and a half miles and is likely to take two hours or more. I would imagine that the church at All Saints draws its congregation from the other villages mentioned as well as other small settlements such as Waggs Plot, Alston and Birchill nearby. I hope that you have enjoyed this virtual walk and hope that some will give it a try. My next walk in this discovery of the parishes is likely to be Chardstock the most northerly parish, which is home to one of my favourite and fairly short walks.

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News from King George's Field

It has been wonderful to see some cricket played on our beautiful field over the last few weeks. Well done to the Uplyme and Lyme Regis Cricket Team for keeping the pitch in such good condition and some excellent cricket. The Croquet Club members have also worked hard on their lawn and are now managing to play some socially distanced games.

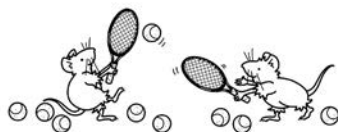
For the health and safety of all field users please remember that dogs are banned from the majority of the field and should not be exercised or allowed to run loose on it. The exception, of course, is on the footpath where they should always be on a lead. Thank you for your cooperation with this.

We hope that those who have used the tennis court for free over the last few months have enjoyed their tennis. We are now using an online booking system, which has been working well for the last few weeks and from August 1st will be charging for the use of the court. A coded padlock will be put on the gate and the code issued when booking. The cost of an hour's use of the court is £7, which we feel is still very good value and will help us recoup some of our lost income this year. It will also enable us to raise funds to replace part of the fencing and keep the court in good condition. Later in the year we intend introducing a membership option which will enable members to pay an annual fee rather than pay every time the court is booked - more details will appear on our website.

The court can be booked online at:
<https://clubspark.lta.org.uk/UplymeVillageTennisCourt>

Alternatively just type in Uplyme Tennis to a search engine, like Google and the link should come up. You will no longer be able to book and pick up a key at the Uplyme Post Office, village store and filling station - it will only be online booking and payment. Our thanks go to the staff of the village store for their invaluable help in the past. We hope that those with limited use of a computer can find a friend, neighbour or family member to help should they need it. Please remember that the court is only to be used for tennis - no football, basketball or skateboarding on it! Enjoy your tennis and please observe the current government advice on reducing the spread of Covid 19.

James Thomas
(Secretary for King George's Field Trustees)
jrhyst@hotmail.com



Coronavirus - East Devon District Council Support...

East Devon District Council continues to produce weekly news updates for local residents and businesses. I share updates to local Facebook Groups, including the Uplyme Notice Board, Trinitymatters, Axmouth Together and Axe Valley Notice Board, to ensure as many residents and businesses as possible have access to the best possible, reliable, up to date information.

The council continues business, using Zoom video conferencing for virtual meetings, with recent addition of 'Live Streaming' through YouTube for public meetings. If you want to watch, search for 'East Devon District Council' on YouTube, then 'Subscribe' to receive updates of live meeting and additional video news.

Recent Updates...

A further 12 play areas re-opened from 27th July.

Of 71 play areas and eight outdoor gyms managed by EDDC, 24 are now open. Remaining play areas are being assessed in plans to re-open remaining play areas and outdoor gyms by 17th August, once safety inspections, risk assessments and mitigation measures have been put in place.

Reduced VAT rate introduced for hospitality, holiday accommodation and attractions.

Businesses can check if they can temporarily reduce the rate of VAT on supplies, including retail schemes. Catering businesses using retail schemes may need to alter their accounting systems for the period 15th July 2020 to 12th January 2021. Full details are at -

<https://www.gov.uk/guidance/vat-reduced-rate-for-hospitality-holiday-accommodation-and-attractions>

Sidmouth Folk Festival Online is coming!

Plans are coming together for a memorable Sidmouth Folk Festival.

Central to the festival will be two special four hour long 'live' shows from a secret location in Sidmouth on Saturday 1st August and Sunday 2nd August, between 5pm and 9pm. Hosted by Matthew Crampton and Kitty Macfarlane, the shows will feature live appearances by Steve Knightley and Jim Causey with numerous specially recorded performances and special contributions.

As well as the two live shows, full details of other events are online at sidmouthfolkfestival-live.co.uk

Summer Holiday Fun with East Devon..

Wild East Devon has put together a programme for the Summer holidays;

- Our ten nature reserves remain open every day, free of charge. Residents of East Devon can still use the green, open spaces while observing recommended social distancing measures.

- Family Activity Days will be running at Seaton Wetlands every Thursday throughout August, book your pond dipping session, bug hunting and more now!
- The Wild East Devon 2020 Art Competition has just been launched. Get creative this summer and have your masterpiece featured in the 2021 Wild East Devon Calendar!
- Private small group Guided Walks of Seaton Wetlands are running throughout August.

The council is working with partners to arrange safe and exciting events, including Outdoor Yoga & Meditation as well as Willow Weaving Workshops - all 'covid-compliant'.

To book an event, check out the art competition or for more information on any of our reserves, visit wildeastdevon.co.uk

Community Hub Update...

Since it was set up on 30th March our EDDC Coronavirus Community Hub Hotline has received on average 50 calls per day. It is still supporting people by finding help for food deliveries and picking up prescriptions.

Individuals or organisations can now request or offer community support by filling out one of our online forms at: <https://eastdevon.gov.uk/coronavirus-covid-19/east-devon-district-council-coronavirus-community-support-hub/request-or-offer-community-support/>

You can also search by postcode on the EDDC Coronavirus Community Support Hub to find your local group or organisation providing support at this time: <https://eastdevon.gov.uk/coronavirus-covid-19/east-devon-district-council-coronavirus-community-support-hub/>

Call the Community Hub hotline on 01395 571500 if you need help or to volunteer.

An apology...

My sincere apologies for missing the last couple of months Parish Magazine. First time in almost ten years - no excuses simply missed the deadlines. All being well, normal service is resumed!

Next Month...

New EDDC administration throws the planning future of the Greater Exeter area into turmoil, as it recommends withdrawal from the joint plan project with Exeter City Council, Teignbridge, and Mid Devon District Councils...

Cllr Ian Thomas

Independent Ward Member for Trinity

East Devon District Council

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email: ian.thomas@trinitymatters.co.uk **Facebook:** @CouncillorIanThomas

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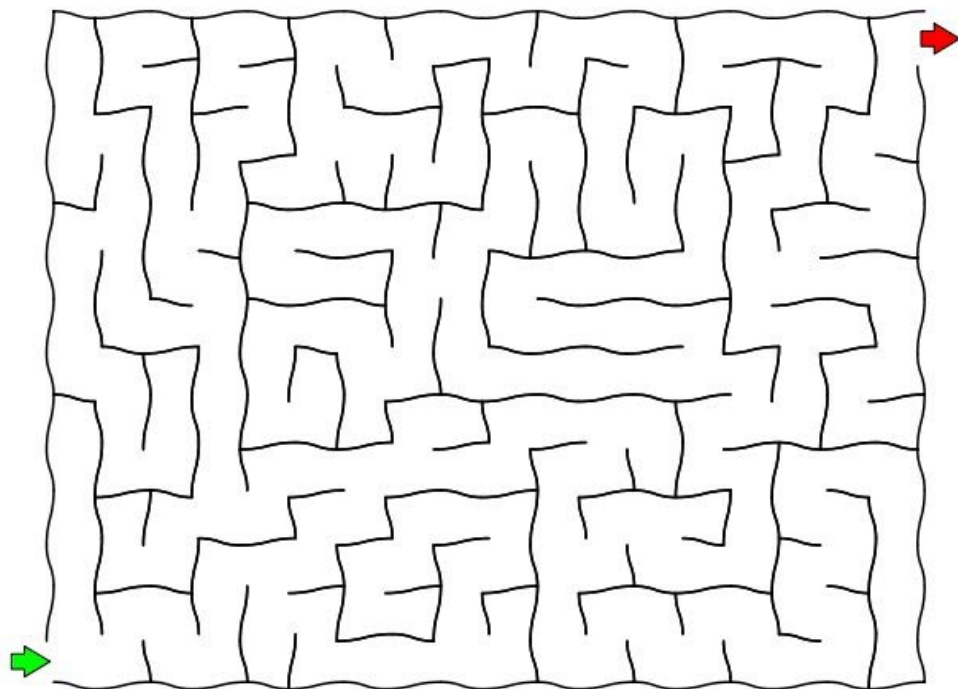


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Something to while away the time while you're waiting for the kettle to boil and before you start the Telegraph or Times Crossword!!



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April 10th
May 10th

Please remember that the magazine is usually available on the on the last weekend of the preceding month or the first weekend of the month for which it is published. However, on occasions it may not be delivered or distributed till later. We suggest that any event that is in the first week of the month, should be submitted for inclusion the month before. ie; Jumble sale on Sat 1st June should be in the May magazine, so submitted by April 10th

Uplyme Church

Part of the Axe Valley Mission Community
Pound Lane, Uplyme, DT7 3TT



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c/o the Church Administrator

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Roger Grose

22107

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442902

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Saturday Football

Robin Hodges

445180

Mrs Ethelston's School Head

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