

‘changing lives and building community through Jesus’

uplyme church

# Parish News

March 2021

Don't Forget.....

Mothers Day.....Sunday 14th March

Clocks go forward....Sunday 28th March

[www.uplymechurch.org.uk](http://www.uplymechurch.org.uk)

## Live Church is Back:

Following the closure of Uplyme Church due to lockdown, we are delighted to say that we will be returning to live worship in church on:

### **Easter Sunday Morning at 10am.**

We will however, have to continue to follow safety regulations and numbers will be limited. We then anticipate a phased return to a pattern of services.

Please keep an eye on the website: <https://www.uplymechurch.org.uk/> and check the noticeboard for further details.



## Easter Activities

All ages are invited to **‘Come to the Cross’ on Easter Saturday** and take part in the activities set up there. The activities will be fun and help you to think about what Easter is all about? **A giant cross will be set-up in the new school field and activities left there so you can visit anytime that day.**

On the same day we’d also like your help to decorate the church for Easter and are asking people to bring decorated egg-shaped stones (**like these in the photo**) to the church where we will swap your stone egg for a real Easter Egg!

People with chocolate eggs will be at the church between 10am and 3pm on Easter Saturday. Don’t forget your masks and we will ensure everyone is socially distanced.

Any queries call **Rev Nicky on 07931 413629.**





# March 2021

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## Parish News Copy Deadlines

Please remember the **NEXT** issue of the magazine is for **April** and all articles up to and including things for early **May** should be with us by the **25th March**

**Email to - [parishnews@uplymechurch.org.uk](mailto:parishnews@uplymechurch.org.uk)**



***“Repent, and believe in the Good News.” Mark (1:15)***

This year the month of March falls in the Church season of Lent – a season of hope and reflection.

The first words spoken by Jesus in the Gospel of Mark (believed to be the earliest written of the four Gospels) are those above : ***“Repent, and believe in the Good News.”***

These powerful and simple words can provide us with direction and guidance as we journey through this month and the season of Lent. What do we do in Lent ?

1. Lent is a time to return to what is essential and thus a time to turn our minds towards God.
2. God made all things to be ‘good’ and we seek to be at one with that goodness.
3. God is not a distant but a personal God, wishing us to be in close relationship with Him. We try to encounter God by reading and studying Scripture – the Bible.
4. God’s love for us has a face, the face of Jesus Christ. Jesus is the good news of God. We try meet Jesus by reading and studying the Gospels – the Bible.
5. We communicate with God in many ways but our prayers are key. Lent is a time to pray and reflect more than ever and to seek to build an ever closer relationship.
6. We often develop our spiritual hunger to be closer to God by denying ourselves of some physical luxuries – ‘giving something up for Lent’. This is intended to focus us onto our relationship with God.
7. Lent is a time to reflect upon our charitable support of others. Jesus said that the two great commandments were to ‘Love God and Love our neighbour’. Christianity is first and foremost a practical faith and Lent must be a time to try to make a positive difference to those around us.

**Now is the acceptable time to return to God with our whole heart.**

**Now**, as a point in time, is unique and cannot be repeated.

**Now** is the day to commit ourselves to commit more closely to our loving and forgiving God..

May this be a good Lent for you - full of wellbeing in body, mind and spirit. May you study, pray and serve to become closer to God and may God truly bless you.

With thoughts and prayers

***Rev Clive Sedgewick***

# From the Editor

Welcome to what we hope will be the last edition of the magazine that is digital only!

The next issue should be a hard copy that you find poked through your door and it can once again sit in pride of place in your kitchen or on your coffee table!

One day you may even be able to say to your friends and family "Oh the famous Uplyme Parish News, we have a copy delivered"!..... Maybe I've been locked down too long?

I've not had anybody contact me regarding the takeaway feature to add their name, so if you know an establishment that does your favourite takeaway, give them a nudge and get them to email me with the details. This will be printed in the first couple of hard copies when we can.

Once we are back to producing a paper magazine I will be re-printing some of the articles that have appeared in lockdown, so keep reading and writing!

#Keep Well & keep Safe

**Ed**

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## 14th March: Mothering Sunday, 4th Sunday in Lent

There is an old Jewish saying: God could not be everywhere, and therefore He made mothers.

Mother Church, Mother Earth, Mother of the Gods - our human mothers - all of them have been part of the celebration of 'Mothering Sunday' - as the fourth Sunday in Lent is affectionately known. It has been celebrated in the UK since at least the 16th century.

In Roman times, great festivals were held every Spring to honour Cybele, Mother of all the Gods. Other pagan festivals in honour of Mother Earth were also celebrated. With the arrival of Christianity, the festival became one honouring Mother Church.

During the Middle Ages, young people apprenticed to craftsmen or working as 'live-in' servants were allowed only one holiday a year on which to visit their families, which is how 'Mothering Sunday' got its name. This special day became a day of family rejoicing, and the Lenten fast was broken. In some places the day was called Simnel Day, because of the sweet cakes called simnel cakes traditionally eaten on that day.

In recent years the holiday has changed, and in many ways now resembles the American Mother's Day, with families going out to Sunday lunch and generally making a fuss of their mother on the day.





## Uplyme Help at Hand - cares

### General Enquiries:

Anne – 01297 444799 Marilyn – 07885 859946

### Transport:

Sue – 01297 444289 David – 01297 444799

## UPDATE

Our younger volunteers and students have continued to be busy behind the scenes collecting shopping and prescriptions for those who are vulnerable. Regular phone calls, when visits are not possible, have lifted the spirits of isolated and lonely residents. Thank you so much to you all. As our older volunteers are vaccinated and lockdown is hopefully gradually eased, we look forward to resuming some of our activities over the next few months. The big question is when it will be safe and when will it be permitted to resume outings?

### CHANGE OF SCENE

Getting out and about, meeting up with old friends and making new ones is what we all miss so much.



But we also miss the **simple little treats** or just things that we have **taken for granted** which reminded me of my favourite poem from childhood! And here it is opposite to bring a smile to you.

### Special Mother's Day Offer!

Treat your mother on 14<sup>th</sup> March with a **Recipes with Love** book and **Daffodil Mother's Day** card!

Just £10 including free postage – we'll even send direct, just add a note in the checkout box.

All profits go towards supporting our clients.

Offer only available via <https://axminsterandlymecancersupport.co.uk/shop>



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[axminsterandlymecancersupport.co.uk/shop/](https://axminsterandlymecancersupport.co.uk/shop/)

# The King's Breakfast

by A. A. Milne

The King asked  
The Queen, and  
The Queen asked  
The Dairymaid:  
"Could we have some butter  
for  
The Royal slice of bread?"  
The Queen asked  
The Dairymaid,  
The Dairymaid  
Said, "Certainly,  
I'll go and tell  
The cow Now  
Before she goes to bed".

The Dairymaid  
She curtsied,  
And went and told  
The Alderney:  
"Don't forget the butter for  
The Royal slice of bread."  
The Alderney  
Said sleepily:  
"You'd better tell  
His Majesty  
That many people  
Nowadays  
Like marmalade instead."

The Dairymaid  
Said, "Fancy!"  
And went to  
Her Majesty.  
She curtsied to the Queen,  
and  
She turned a little red:  
"Excuse me,  
Your Majesty,  
For taking of  
The liberty,  
But marmalade is tasty, if  
It's very Thickly Spread."

The Queen said  
"Oh!"  
And went to  
His Majesty:  
"Talking of the butter for  
The Royal slice of bread,  
Many people  
Think that  
Marmalade Is nicer.  
Would you like to try a  
Little Marmalade  
Instead?"

The King said,  
"Bother!"  
And then he said,  
"Oh, deary me!"  
The King sobbed, "Oh,  
deary me!"  
And went back to bed.  
"Nobody,"  
He whimpered,  
"Could call me  
A fussy man;  
I only want  
A little bit  
Of butter for My bread!"

The Queen said,  
"There, there!"  
And went to  
The Dairymaid.  
The Dairymaid  
Said, "There, there!"  
And went to the shed.  
The cow said,  
"There, there!"  
I didn't really  
Mean it;  
Here's milk for his por-  
ringer  
And butter for his bread."

The Queen took  
The butter  
And brought it to  
His Majesty;  
The King said,  
"Butter, eh?"  
And bounced out of bed.  
"Nobody," he said,  
As he kissed her  
Tenderly,  
'Nobody,' he said,  
As he slid down  
The bannisters,  
"Nobody,  
My darling,  
Could call me  
A fussy man-----

BUT  
"I do like a little bit of  
Butter to my bread!"



## WALKS AROUND THE AXE VALLEY PARISHES No. 8 – UPLYME No 1

As I lived in Uplyme for almost twenty-five years before moving to my present flat in Lyme Regis in December 2018, I obviously am much more conversant with the walks around Uplyme than around the other parishes in the Mission Community. I have decided, therefore, to do several different walks around Uplyme over the next few editions of the Parish News in the hope that by the summer I may be able to take you round them and the other parishes in person. I will start with a short and straightforward walk for the March magazine. I am planning to do the Yawl bluebell walk for April and a longer walk to Ware Cliffs via the Cannington Viaduct along the seafront in Lyme Regis and back along the River Lim to Uplyme in May. This is I feel quite the best walk from Uplyme. I may later include walks to Hole Common and the Prescott Pinetum and Trinity Hill.

For this month I have chosen a walk up through Rocombe and back through Carswell Farm. I would estimate that it should take you around an hour, perhaps a little more if you stop to admire the views (a polite way of saying getting your breath back when going uphill). There should usually be parking in the vicinity of the church and school, which are accessed by turning left just before the garage in the main road (when approaching from Axminster). If there is any problem with parking you can use the Village Hall car park opposite the garage. Almost all of the upward gradient is in the first half of the walk with the second half downhill except for a small rise at the end.



We start our walk by taking the path between the church and the school (signed), passing the cemetery on the left up to and through a pedestrian gate into a field. Our path is to follow the line of trees and bushes on the right and when they end you will see a path going right up a slope towards the remains of a stile and marker post at the top. The slope can be slippery so caution is advised. The stile has no cross-piece and the marker post has no arm, but this is of no consequence

as there is no fence on either side of the ex-stile. The way forward is straight ahead from the stile towards a real stile in the right-hand corner of the field.. You may wish to catch your breath as you go up this field (I did), but if you do you are rewarded with a panoramic view of Uplyme Village, with the church which seems high up from the main road now nestling in the valley. Go over the stile and turn left along the road for a few yards and then turn left again into a road marked Rocombe ¼.

Rocombe is a small hamlet in Uplyme parish and the narrow road through is mainly level with views across the valley to Carswell Farm on the left and slopes leading up to Springhead Road on the right. The road is quiet and pleasant with houses dotted along it and plenty of greenery making it attractive. As I walked it on February 22<sup>nd</sup> there were snowdrops out, especially at Southcote and further on white vinca then pink and white



camellias flowering on large bushes/trees.. Later on there will be primroses and bluebells no doubt. I would estimate that there are between 20 and 30 houses in Rocombe, but some are very tucked away. After following the road for about half a mile you will come to a fork. Take the left-hand way (signed “Dead End” and “leading to bridleway”). On your left you will see a large house called, somewhat strangely “Little Winters” on the left and on the right the thatched “Upper Cottage” which has a now redundant post box which has been kept in prime condition..

Keep following the road up and down and round corners until we come to a large wooden gate across the end.. Go through this gate and straight ahead across the garden in front of the house. The bridleway continues through a pedestrian gate (marked) and up the hill to another pedestrian gate which leads on to a farm track. Turn left here and follow the track, which is at first stony, then concreted, then muddy through Carswell Farm, then tarmacked all the way down to a T junction. Turn left here and you will soon be back to at first the school and then the church.



***David Jones***



### **The Town Mill, Lyme Regis**

It has been a difficult time for everyone during these dull winter months. Following the government's announcement on the 22nd February The Town Mill is preparing to re-open and welcome visitors.

Both Galleries will open mid April, Malthouse will be holding a Julie Oldfield exhibition and the Courtyard Gallery will open with a printmakers open.Full details about all the exhibitions during 2021 and information to enter open exhibitions is on the website.

The Town Mill will open its doors to sell its award winning flour from 12th April. We will be opening viewing platforms for interaction with the millers and for visitors to see the water wheel.We hope as the vaccine program is rolled out we will by the summer be welcoming visitors back inside the mill for full tours.stay safe everyone and we look forward to welcoming you back to The Town Mill  
[www.townmill.org.uk](http://www.townmill.org.uk).

Please visit our artisan websites for their opening times.

The Town Mill is looking for recipes for our new cookbook using town mill flour.

Please contact [petrinatownmill@gmail.com](mailto:petrinatownmill@gmail.com) for more information or to submit a recipe.

Thank you

***Petrina Muscroft***

# Uplyme & Lyme Regis Horticultural Society

[www.ulrhs.wordpress.com](http://www.ulrhs.wordpress.com)



*Our Zoom meeting this month is on growing your own flowers for dried arrangements; look out for the email invitation. Our Summer Show plans continue with distribution of plug plants.*

*To sign up to our newsletter please visit our website [www.ulrhs.wordpress.com](http://www.ulrhs.wordpress.com) and scroll down the Welcome page to the link 'Sign up for our monthly email newsletter'*

## **Zoom talk - 'How to grow a dried flower garden'** **March 17th (Wednesday) – join at 7pm for a 7.15pm start**

This month we are holding our talk slightly earlier in the month than usual – March 17<sup>th</sup>.

Our speaker is Bex Partridge of Botanical Tales, a floral artist who has recently moved to East Devon with her young family. Bex grows, gathers and then dries her plants to design ethereal flower arrangements which reflect the seasons. Bex will be showing us the plants that she is sowing in her garden now, for collecting later in the year and using to create her unique floral arrangements.

Bex works with half an acre of land to grow and dry flowers and seedheads to create wild, natural, long lasting and entirely sustainable designs for everyday use, special occasions, weddings and events. Longevity and sustainability are integral to Bex's approach, which is further described in her book 'Everlastings'

The invitation and link for this session will be issued closer to the date.

## **Summer Show Plug Plants** **Collection date and time to be confirmed**

Our plans for our 2021 Show continue and plug plants will be made available in both March and April for people to collect and grow on to enter for Show classes 35 and 36.

At this stage we don't know what plants we shall have available but we hope to be able to distribute these outside Uplyme Village Hall in the same way as the potatoes for the Potato in a Bucket competition. Our plans will very much depend upon how lockdown eases so please look on the website (address above) for the latest information.

As ever, we are grateful to Groves Nurseries for generous provision of the plug plants. Members benefit from a 10% discount at Groves on production of their ULRHS membership card, so don't forget to take yours with you when you go.

**Tricia Boyd**



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## Hort Thorts from Nigel Ball

Labels all the way. Recycle - Make your own from plastic cartons, use a permanent marker pen for writing. *Keep an eye on them as they can fade in the sun!*

COMPOST. Choose a really good quality compost, this will get your plants off to a good start. There are some great deals out there at the moment. Maybe ask a friend or neighbour to share some bags? Things are cheaper in Bulk and you could get them delivered!

Sow seeds now in greenhouse, for salad crops etc. DO NOT over water, give bottom heat if possible. Plant heating mats can now be got for under £20 and can give a fantastic start to your seed propagation.

Now is the time to check items for coming season. Hose, fittings, compost, canes, string, liquid feed. Have you got enough? Always better to have a few too many than be struggling one afternoon when the shops are shut!

Seeds - Are they good enough? They too go out of date and need replacing!

Night time visits to the garden is good for picking up snails and slugs .Prevention is better than cure.

### ***Happy Gardening***

---

## At My Table.

A velour of smooth Coffee hits the pallet. I stare from my window, shards of light like knives. Its great to be alive on days like these. The veins on the back of my hands are warm from the suns strength. Iris reticulata in a crock pot look me in the eyes. Snowdrops simply placed in a glass droop over the edge of a tumbler. Hellebore heads float in a dish, speckled petals and frilly anthers adorn the air. My table has become furnished with the outdoors. The corner of my eye picks up a table outside, with miniature narcissus, like mini walking sticks, crooked, waiting to open. Other daffodils trumpeting the sound of the music of the rain. Sun going in, hail pops out of nowhere, as bouncy beads disappear as they hit the warm soil. What a day it is. Birch branches feathering fingers dance in the wind. Vegetables , green leaves up and down , shuddering meals of happiness. But what of nature, so timeless, seasons come and go. The rain beats down on the chalet roof running into barrels below, replenished ready for the dry season ahead, like clear pure nectar, liquid life from heaven above. Breakfast beckons, scent of smokey rind, absolute delight.

Enjoy your day

***Nigel Ball***



# TAKE OUT TO HELP OUT!

This Third lockdown came as a blow for many food businesses around our area. Those who had just made it through the summer and hoping for a better winter were suddenly thrown into another lockdown and many struggling eateries were now looking at closing. Some very enterprising and brave souls opened their food businesses just after the first lockdown and now face a real struggle to establish, run and maintain them.

All credit to many, if not most, of the establishments who have adapted to a take-away service, with many delivering to your door!

This area is very much a holiday area, and if we wish to really see that continue into the future, we need the myriad of fantastic places we have here that offer food, to keep going.

If you've not had a chance to eat-out or eat-in yet, you really should give it a go and support your local eatery!

From fine dining in a box to traditional pub food, from Spanish tapas to pizza and Asian street food to vegetarian meals these delicious takeaways (and many deliveries) are available now.

Over the next few months The Parish News is going to list, plug and unashamedly promote our local eateries for **FREE!**

If you know of any foody place that is doing what they can to survive, ask them to email their details to us and we'll put them on the list.

*Now it's over to you to ring them, place an order and enjoy the delights on offer around the area.*

The government ran their "Eat out to help out" campaign. We're not offering any discounts, but we are saying.

***Take Out to Help Out!***



Name	Address	Open	Food	Tel:	Facebook/Web
<b>The Talbot Arms</b>	Lyme Road, Uplyme	Wed, Fri & Sat 5-8pm	Traditional Pub Food	01297 443136	@talbotuplyme
<b>The Strawberry Tree</b>	14 Broad St, Lyme Regis	Fri & Sat evenings	Slow Spanish food & Tapas	7852739941	@StrawberryTrees
<b>Red Panda</b>	7a Broad St, Lyme Regis	Fri & Sat 5-7pm	Asian inspired Street Food	07837834596 Order by Noon	@redpandalyme
<b>Tom's</b>	Marine Parade, Lyme Regis	Thurs - Sat	Fine Dining in a box	01297 816018	@tomslymeregis
<b>Poco Pizza</b>	29 Marine Parade, Lyme regis	Fri & Sat 5-8pm	Wood fired Pizzas	1297598591	@pocopizzalymeregis
<b>Tierra Kitchen</b>	1a Coombe St Lyme Regis	Tues-Sat daily	Fresh Vegetarian Cuisine	01297 445189 07827224735	@tierrakitchenlymeregis
<b>The Waffle House</b>	Trinity House Axminster	Fri 4-9pm Sat 2-9pm	Waffles	01297 34694	@waffleaxminster
<b>Royal Oak</b>	The Street Charmouth	Mon, Wed, Fri & Sat 5 - 8pm	Burgers & Traditional Pub Food	01297 560277	@RoyalOakAtCharmouth
<b>The Ridgeway Inn</b>	Smallridge Nr Axminster	Sat 4.30 - 8pm Sun 12 - 2pm	Traditional Pub Food	01297 32171 07860112078	@theridgewaysmallridge

## OVER TO YOU TO GET A DELICIOUS MEAL TO TAKEAWAY

These are the few eateries that we have been able too add at such short notice - *I only posted that we would do this on Facebook on Wednesday and this is online on Saturday!*

The **Open** times are not necessarily the ordering times and I suggest you ring the business beforehand or look at their Facebook page for updates and further details including if they deliver. The facebook @address may not be fully correct, but it will get you to the right page.

Many of our "Traditional/Usual Takeaways" are still operating offering Fish & Chips, Chinese, Indian food and other cuisine.

We are very happy to add them to our list and would ask that those of you who wish to be added in the next issue of the magazine, to drop me an email at:

**parishnews@uplymechurch.org.uk**

**Robin Hodges** - Editor

## Our Care Home a year on!

*Many of you will know that as Editor of this magazine I also own and run a care home in the area with my wife.*

*I've been asked a number of times about what's it been like running a business that's at the real pointy end of the pandemic. So here is a brief resume of what we have been dealing with since we locked down a year ago.*

In February 2020 we were warned by local health professionals that the coronavirus was spreading quickly and could be lethal to elderly and frail members of society.



**Pinhay House Care Home**

At the very beginning of March we took the decision to close our Care Home to visitors and to ask all staff to be as careful as they could and to think about the role they played in the home and the need to protect our residents.

We instigated ICP (Infection Control Procedures) hand washing, mask wearing etc and 3 weeks later (23rd March) we were in lockdown along with the rest of the country.

Like the government we fumbled and guessed our way through the first few weeks, but our experience in the occasional 'outbreak of D&V or Norovirus' in the home gave us a heads up on what we should be doing to keep the home "Virus Free". We wrote up some policy and procedures and as more information and direction from the DHSC (Department of Health & Social Care) was arriving we were able to apply that to our policies.

Then came the horrific news that Care Homes around the country were having outbreaks and many residents were succumbing to this dreadful virus. As you can imagine our relatives were worried sick and we had to work hard to reassure them we were doing all we could to protect and care for their loved one. The stress and worry at that time was unbelievable, as owners we really felt the pressure to make sure we were doing the right thing. PPE became sparse and expensive - *we spent twice the amount of money on PPE in April 2020 as we had in the whole of 2019!* We had to furlough some staff and other staff were told to isolate for 3 months as they were at high risk. Some staff were really scared, and we did a lot of reassuring and supporting.

However, for the first time in 30 years of running a Care Home we were suddenly getting preferential treatment. Grant funding and support from Devon CC and the government was made available, PPE could be got more easily and as we headed into the summer the cases were dropping and we started to feel a slight sense of relief.

The summer in Lyme was bedlam! We were terrified as the amount of visitors flooded into the area and the beaches and holiday homes started to fill up. Restaurants were bulging as the "Eat out to Help out" scheme was introduced and there seemed to be "grockles" all over the place. We dared not venture into Lyme for a walk it was so busy, and constantly we and the staff had "what if we catch it and give it to the home" in our minds.

Some staff elected to stay in the Care Home for a few months to keep themselves and their families safe. One member of staff never left the grounds for 5 weeks. We could not thank staff enough for all they were doing and how they were working hard to keep everyone safe. One member of staff was travelling by bus to work and when we asked about getting her a taxi, she declined the offer saying she was the only person on the bus during her journey and she was further away from the driver than she would be in a taxi!

However, as we headed into the autumn, things began to change, and case numbers began to rise. We updated our cleaning procedures and equipment, ordered a “Care Cabin” to be built in the garden for visitors and for other work to be carried out to make visiting easier..... in hindsight I needed to have done this in April 2020 as all the builders and products we wanted were not available for a good 3-6 months.

Now we were starting to carry out regular testing. We carried out staff training and competency on how to take the swabs. Having the back of your throat and up your nose swabbed once a week for staff and once a month for residents was uncomfortable at the best of times, when it progressed to 3 times a week for staff it felt as though we were being cruel, but it has to be done. It takes 2 people all day to carry out the the testing and uploading of tests and test results. I myself have spent 3 hours at a time scanning barcodes and filling in details on the government websites uploading the tests.

January lockdown was not unexpected. Health care professionals and hospitals were warning us of increasing numbers of cases just before Christmas and we braced ourselves for a possible outbreak. This was just as we were planning on opening up a bit to allow visitors in. Thankfully it did not happen and we remained COVID free.

On 11th January we were all vaccinated. Every single resident and member of staff had their first dose. The staff realised how devastating this virus could be, and by having the vaccination they would protect others as well as themselves. One or two were a bit hesitant, but that was more to do with needles than the vaccine.

Since last year only two members of staff have had to isolate due to positive results, neither of them felt ill, and had no real symptoms to talk about. We feel blessed and thankful that it was not spread more widely around the home, and our testing and ICP regime is successful.

Over the past 12 months we have followed the guidance given to us and I have to say that we have been supported very well by Devon County Council and the government as the financial cost of this virus has hit us very hard. We are thankful, grateful and blessed that it has not hit us with lives lost.

It is not over, and we do not see this virus going away anytime soon. We still worry about an outbreak in the home, but feel we are doing all we can to reduce the risk.

There will be a respite in the summer but we will have to have our wits and PPE ready in the autumn as I don't doubt it will try to get back at us!

**Keep Well & Keep Safe**..... and please follow the guidance!

**Robin** - Pinhay House Care Home

## The family from Syria are here!



### From UCS, the volunteer-based scheme to resettle a Syrian family



Thursday February 18 was the day UCS was waiting for. The flight touched down at Heathrow, bringing the Syrian family of four on the first step of their exciting new adventure in Uplyme. Waiting for them were our volunteer driver Eddie Nolan and Amira Toureche our invaluable and indispensable interpreter together with Roz Duffin and Steve Whiting, two UCS members who had driven up in separate cars as a COVID-19 precaution. Amazingly, despite the two year wait to get them here, it took the family less than 45 minutes to get through the airport formalities and onto the waiting minibuses!

Steve said, "Outside the arrivals door the parents were relieved to find someone there to meet them. The children, one aged 18 months

old, the other 6 years old, looked frightened and the little boy didn't even have a coat to protect him from the winter cold." He added, "The coats and blankets we'd brought for the journey were badly needed. All their worldly possessions were in three suitcases on one luggage trolley."

On the journey back to Dorset, the mother wept tears of joy and relief all the way. Both parents were overwhelmed with gratitude that their children would not grow up to be illiterate. They explained to Amira how they were the same family who had been assigned to UCS nearly a year ago but, because of COVID-19, had suffered delays and anxiety ever since. They had sold all their furniture and had been living in one room in a factory.

A warm house and a hot meal awaited them, together with a special welcome sign in Arabic painted by Lyme Regis artist, Linzi West. It reads "Welcome to your new home. We all are looking forward to meeting you when your quarantine is over." "Seeing them open the door to their new house was amazing," Roz said. "Everything about it exceeded their expectations."

Under COVID-19 regulations the family are required to remain in quarantine for ten days which includes two COVID-19 tests.

Steve remarked, "You can tell they are a nice family. Already they talk about giving back, wanting to work and wanting to volunteer. I felt that everything my little East Devon village had put into this endeavour was more than worthwhile."

The gratitude they have expressed is overwhelming but we all at UCS have gained a huge amount from this project too.

Practical and financial support are always welcome. To volunteer or donate visit our website at

**[www.uplymecomunitysponsorship.org.uk](http://www.uplymecomunitysponsorship.org.uk)**

or contact

**[uplymecomunitysponsorship@gmail.com](mailto:uplymecomunitysponsorship@gmail.com)**

## UPLYME PRE-SCHOOL



The pre-school have no events to advertise, but we are still here, and we have been open for all children during the last half term. We have had a good volume of children attending throughout lockdown and we have had no children with a confirmed cases of Covid . The staff have worked tirelessly to ensure that the hall and equipment is kept disinfected and Covid safe, and our families have done everything we have asked of them.

Our sessions have continued to be outdoors for the majority of the time, apart from a few sessions where it was just too cold for an outdoor lunch! The children have settled well and seem to be unfazed by the strangeness of the world over the last year. The pre-school have been grateful to be open and to provide much needed social contact and learning for the children.

We are extremely busy in the summer term and sessions are almost full already. We have many new families moving into the area and lots of children starting at the pre-school. We hope to re-open the Parent and Toddler group after the Easter holidays, some much needed time for families meet each other over a cup of tea and a biscuit. The Toddler group has been shut for almost a year and the younger children and their parents/carers have missed this time.

This term the children have been talking about dinosaurs and fossils and have played outside a lot.

Please contact Annie if you have a child and you are interested in registering them at the pre-school.

**Annie Thurgood**

Uplyme Pre-school Manager

07856633513

Pre-school 01297 445087 or 07761143882

**The Government announcement on 22nd February has confused one or two people, so below is the Lockdown Roadmap for March as posted on the Devon County Council Website.**

**Do look at your local websites for details if you are unsure.**

## **Lockdown Roadmap - Step One**

### **Step one, part one - Monday 8 March**

- **Schools open for everyone** - all primary and secondary school pupils and college students will return to face-to-face teaching, with before and after-school clubs reopening.
- Secondary school pupils and college students will receive twice-weekly COVID-19 testing and wear masks in class.
- Higher Education students at English universities on practical courses can also return.
- **Outdoor recreation** - people can meet one other person from outside their household or support bubble for outdoor recreation such as a coffee or picnic on a park bench, in addition to exercise. (Children count towards this). However, people identified as being 'clinically extremely vulnerable' are advised to continue shielding until the end of March.
- **Care home visitors** - care home residents will be able to nominate a named visitor who can see them regularly provided they are tested and wear Personal Protective Equipment (PPE).

***Everyone should still stay at home as much as possible.***

### **Step one, part two - Monday 29 March**

- **Outdoor gatherings** - evidence shows that it is safer for people to meet outdoors rather than indoors, so from 29 March, when most schools start to break up for the Easter holidays, outdoor gatherings (including in private gardens) of either up to six people or two households, socially distanced, will be allowed.
- **Outdoor sports** - outdoor sports facilities such as tennis and basketball courts, and open-air swimming pools, can reopen, and people will be able to take part in formally organised outdoor sports.

The 'stay at home' order will end on 29 March but many restrictions will remain in place.

Travel outside the local area is allowed, but people are encouraged not to go too far.

People should continue to work from home where they can and minimise the number of journeys they make where possible, avoiding travel at the busiest times and routes.



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**Contact Christine Holden on (01297) 443783 or  
e-mail us on [Abbeyfieldlymeregis@hotmail.co.uk](mailto:Abbeyfieldlymeregis@hotmail.co.uk)**



## ***Village Hall Booking Dates March 2021***

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***Wednesdays 9am-1.15pm***

***Tuesdays/Fridays 9am- 1.15pm***

At present we only have preschool using the hall due to government guidelines, this may change as of the 8<sup>th</sup> March if Primary schools return.

We will hopefully see a gradual “opening up” to more users in the coming months when the guidelines change.

***Please contact your group/event organiser for further details for 2021 bookings***

***All enquiries will be dealt with following the latest information.***

***We will continue to review the situation, following the government guidelines for future 2021 bookings***

**IF YOU REQUIRE FUTHER UPDATES IN REGARDS TO THE HALL PLEASE CONTACT**

**Email: [uplymevh@gmail.com](mailto:uplymevh@gmail.com)**

**FACEBOOK – [Uplyme village hall](#)**

**Visit our website [www.uplymevillage.com](http://www.uplymevillage.com)**

**CALL - 01297 444303 office hours only**



## **East Devon District Council Budget, 2021-22 ...**

It is a legal requirement that Councils set a balanced budget, where proposed expenditure is matched by available income, and set associated Council Tax charges.

The Council Cabinet considered draft Revenue and Capital budgets for 2021-22 at its meeting on 6<sup>th</sup> January. These budgets were then reviewed by Overview & Scrutiny Committees on 14<sup>th</sup> January and the Housing Revenue Account (a ring-fenced budget which covers the management of the council's council homes) before being presented back to Cabinet on 3<sup>rd</sup> February.

If Cabinet recommendations on the Revenue and Capital Budgets 2021/22 are supported by Full Council, this would result in a Council Tax requirement for the council of £9,119,550 and a Council Tax Band D charge of £151.78. This would be an increase of £5 per year (3.41%), within the threshold stipulated by central government not to trigger a council tax referendum.

As the obligation to set a lawful budget for the Council is shared equally by each elected Member, the decision is made through a 'recorded vote' of how each Member of the council cast their vote.

The balanced budget as proposed includes several assumptions of increased revenue or savings for next year. For example, an additional £300K to be raised through increased car park and permit charges. If this is not agreed by Council, then the council administration will need to make good the not insignificant shortfall from other sources.

The Council Tax setting process requires that all 'preceptors' (Devon County Council, Police and Crime Commissioner for Devon & Cornwall, Devon & Somerset Fire and Rescue Authorities, together with Town & Parish Councils – including Uplyme, Axmouth and Combpayne-Rousdon) set individual budgets and their associated Council Tax requirement.

East Devon District Council then consolidates sums required and formally sets the Council Tax for the area, as the 'billing authority', to include all amounts required by preceptors.

The process for Council Tax Billing starts immediately after Full Council Meeting on 24<sup>th</sup> February, to meet deadlines for bill printing, dispatch, and direct debit notifications.

## **Council Tax to be collected by EDDC, for other 'preceptors'...**

We will all have noted that the actual council tax received by EDDC is a small fraction (<8%) of the total the council collects from us. The amounts collected on behalf of other bodies will be.

### **Devon County Council**

Devon County Council set its precept at £91M. This implies a Band D Council Tax charge of £1,511.28, an increase of 4.99% and includes a charge for adult social care equating to 3% of the increase.

## Police and Crime Commissioner for Devon and Cornwall.

The Police set its precept at £14.2M, a 6.73% increase representing a Band D Council Tax charge of £236.56. This precept is spread across both Devon and Cornwall, whereas the DCC charge is only shared by Devon properties.

## Devon & Somerset Fire & Rescue Authority

The Fire authority set its precept at £5.4M, a 1.99% increase representing a Band D Council Tax charge of £90.

## Town & Parish Councils.

The total collected on behalf of East Devon Town and Parish Councils is £4.4M, showing an increase of 2.3% to give an average Band D Council Tax of £72.49.

Our Parish Council precepts 2021-22 are.

Parish	Precept	Properties	Parish Tax	Parish+EDDC	All Authorities
Comb-Rou	£5,400	191	£28.27	£180.05	£2,017.89
Axmouthe	£12,582	250	£50.33	£202.11	£2,039.95
Uplyme	£44,482	867	£51.31	£203.09	£2,040.93

## COVID Pandemic Support remains an EDDC top priority in 2021...

East Devon District Council publishes comprehensive, regularly updated guidance on its website at <https://eastdevon.gov.uk/coronavirus-covid-19/>

Trinity residents and businesses can follow the rapidly changing pandemic together with local and government response.

The section includes links to the latest sections for.

Business, employers and employees, Wellbeing, Community Support, Benefits and Council Tax, Test and Trace Support Payment & information for Holiday makers.

The council website also other details on Council Services and links to an enormous range of other valuable resources for school closures, critical workers, business support, domestic abuse victims and disabled people.

**Cllr Ian Thomas**  
**Independent Ward Member for Trinity**  
**East Devon District Council**

**Phone:** 07884 494474

**email:** [ian.thomas@trinitymatters.co.uk](mailto:ian.thomas@trinitymatters.co.uk)

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## Uplyme Church & Axe Valley Mission Community Services

Unfortunately there are **NO** live services at present due to the latest government advice and Covid restrictions.

**Uplyme Morning Worship** - will be on YouTube from 10am each Sunday led by Lay members and Clergy from the Axe Valley Mission Community.

**Uplyme Zoom Coffee & Catch up** - There is a live catch up chat at **11.30** after the Sunday Service on Zoom - do join us, it is a great way to keep in touch with our Church community.

Join Zoom Catch up chat at 11.30 am – <https://us02web.zoom.us/j/81020110380>  
The meeting ID is **810 2011 0380**.

If you would like to join the post service chat by phone (audio only) you can do this by ringing 0203 481 5240 and entering the meeting id: **810 2011 0380** and Password: **335545** when asked to do so.

**Sunday 4pm Telephone Service** - Call 0333 011 0616, enter access code 723 9782 followed by the # key. You will then be asked to say your name and then press # again. At the end of the service press \*0.

There is an order of service available for these 4pm telephone services, please call or email church office, **Louise Collard** (church administrator) will be happy to help you:

**axevalleymc@hotmail.co.uk**. The office telephone number is : **01297 441986**

**AVMC Sunday worship on Zoom at 10.30am** – AVMC 10.30am Zoom Service. Please contact Louise (details above) for the joining instructions for the other AVMC services.

**For Young People - The Vibe / Explore** - our groups are sadly limited during Covid restrictions - please pray for Simon and our youth. Please contact Simon Smith (**simons88@hotmail.com**) for details.

For prayer requests or needs please feel free to contact our Uplyme Church prayer support from “The Prayer Fireplace Team”.

**David Dare**  
**Marilyn Kent**  
**Kay & Simon Chaffin Johnson**

**david.dare@david dare.com**  
**marilynkent01@gmail.com**  
**01297 32984**

Other enquiries and further details of the items below:

please call or email church office, **Louise Collard** (church administrator) will be happy to help you: **Axevalleymc@hotmail.co.uk**. The office telephone number is : **01297 441986**

**Morning Prayer** - All welcome every weekday 8.30am on Zoom

**Coffee and cake** - every Weds 2pm on Zoom

**Uplyme Church** - opening time for private prayer WEDNESDAY AFTERNOONS 2pm to 4pm

If you would like to make a one-off donation to the church you can now go to **www.uplymechurch.org.uk** and click on **DONATE**.

# Uplyme Church

part of the Axe Valley Mission Community

Pound Lane, Uplyme, DT7 3TT



## Team Vicar

email

Tel

## Rev Nicky Davies

daviesnicky@live.co.uk

c/o 07931 413629

## Churchwarden

Jenny Perham 32254

07761081424

## Reader

Roger Grose 22107

## Church Administrator

email:

Louise Collard 441986

axevalleymc@hotmail.co.uk

## Opening times:

**Monday 09.00 – 12.00**

**Tuesday 09.00 – 12.00**

**Wednesday 09.00 – 12.00**

**Thursday 12.30 – 15.30**

**Friday 09.00 – 12.00**

## AVMC Team Rector

email:

Tel

## Rev Clive Sedgwick

clives1865@gmail.com

c/o 441986

Hon Treasurer

Sharyn Walker

Safeguarding Advisor

Jo Clarke 443050

Noreen Watson

Church Membership

Mike Maccoy 442321

Pastoral Co-Ordinator

Roger Grose 22107

Youth Work

Simon Smith 647521

Under 5's

Janet Impey 441986

Festival Choir

Adrian Pearson 442902

Flower Rota

Felicity Langford 441986

Saturday Football

Robin Hodges 445180

Simon Smith 647521

Mrs Ethelston's School Head

Katie Lyons 442210

Parish News Editor

Robin Hodges 445180

*Redlands, Lime Kiln Lane, Uplyme, Lyme Regis, Dorset, DT7 3XG*

**Email:**

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**Uplyme Church Registered Charity Number 1131962**

All telephone numbers are STD code 01297 unless otherwise stated.