



JOIN US FOR A  
**COMMUNITY WALK**  
ON THE 3<sup>RD</sup> SATURDAY MONTHLY  
ON **SATURDAY 15 JANUARY, 19 FEBRUARY, 19**  
**MARCH, 16 APRIL, 21 MAY AT 10.30 AM**

MEET OUTSIDE UPLYME CHURCH AND SCHOOL  
ALL WELCOME – WELLINGTONS, WALKING BOOTS  
OR STOUT SHOES RECOMMENDED

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DAVID JONES OF UPLYME CHURCH PLANS TO HOLD A COMMUNITY WALK  
OF AROUND ONE HOUR EVERY MONTH

EVERYONE IS WELCOME AND THE PACE WILL NOT BE DEMANDING – NO  
NEED TO BOOK, JUST TURN UP AND GO.

THIS IS AN OPPORTUNITY TO MEET OLD FRIENDS AND NEW WHILST  
ENJOYING SOME EXERCISE. FOR FURTHER DETAILS PHONE DAVID 444729

for more information contact: DAVID JONES on 01297 - 444729