



July
2023

Uplyme Parish News

Summer Flower & Produce Show





**Saturday 8th July
1pm to 5pm**

Uplyme Village Hall & Field

www.uplymechurch.org.uk

Worship in Uplyme Church July & early August

July

Sun 2nd	10am 6pm	Holy Communion Choral Evensong led by the Festival Choir	 
Mon 3rd	7pm	Compline (Night Prayer)	
Sun 9th	10am 4pm	Morning Worship Telephone Service	
Sun 16th	10am 6pm	Together@ 10 - all age family service Evening Communion	
Sun 23th	10am 4pm	Morning Worship Telephone Service	
Sun 30th	10.30am	AVMC Team Service - The Minster, Axminster	

August

Sun 6th	10am 6pm	Holy Communion Wholeness and Healing Service	
Mon 7th	7pm	Compline (Night Prayer)	
Sun 13th	10am 4pm	Morning Worship Telephone Service	



4pm Telephone Service – A few minutes before 4pm call 0333 011 0616.

When asked for the access code dial in **723 9782** followed by the hash key #
These services are free to those who have a package which includes free 03 calls [most do] but you may be charged at normal call rates if not. Do check with your service provider



Baptisms - None

Weddings - None

Funerals / Interment of Ashes / Service of Thanksgiving - None

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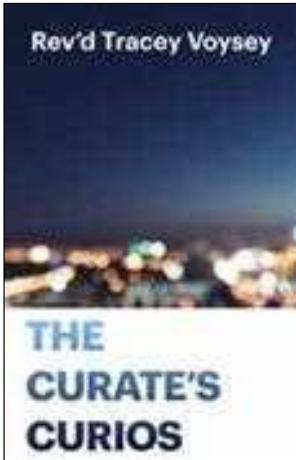
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Parish News Copy Deadlines

Please remember the **NEXT** issue of the magazine is for **August** and all articles up to and including things for early **September** should be with us by the **10th July**

Email to - parishnews@uplymechurch.org.uk



How a clock measures time and how we perceive it are quite different. We've all heard the saying, 'time goes faster as you get older,' and I for one agree. The speeding up of subjective time with age is well documented by psychologists, but it seems there is no consensus on the cause. However, the Book of Ecclesiastes in the Bible says that 'For everything there is a season, and a time for every matter under heaven.' It suggests that God's understanding of time is very different than ours.

As I write this, the end of my curacy approaches, and all that remains is an interview with Bishop Robert as we reflect on my time here in the Axe Valley Mission Community together. It seems to me that the three years of training, plus the three years of curacy have gone very fast indeed, and I can't believe this season is coming to an end.

As I head off into a new phase of ministry, I wanted to thank you all for your kindness and love as I have navigated what God has called me to do. I believe that every human activity is an invitation by God. An invitation to be grateful. This is a foundation to enjoy life. An invitation to trust God's sovereign hand. All things are *appointed*. This is a foundation to live a life of meaning and purpose. Becoming a Priest has give my life new meaning and purpose. So as I say my goodbyes, I want to leave you with these lyrics from 'Days by the Kinks'

*Thank you for the days
Those endless days, those sacred days you gave me
I'm thinking of the days
I won't forget a single day, believe me.*

*I bless the light
I bless the light that lights on you, believe me
And though you're gone
You're with me every single day, believe me!*

As we now reach the split in the road, where I go one way, and you go another, I thank God for bringing us together under his time, and that you will be with me in my heart. Many blessings for each of your seasons.

With much love,

Rev'd Tracey

From the Editor

Hello and welcome to another edition of the Parish News.

As I write this in a blind drawn room to stop the sun from melting things on my desk, I'm thinking is really a good idea to have my desk in a south west facing window? Probably not, but I just love the view across the Uplyme Valley and the changes over the seasons. So I will not complain about the heat, as it is so good to be able to get out and do things in the sunshine like go to the Fete! What a great day that was. Despite the short shower it was a huge success, and I would like to say thank you and well done to all those who helped, had stalls, did teas, set up, put away and generally made it one of the best Fete's ever. Thank you.

Next up is the Horticultural Society Flower and Produce show which takes place on 8th July. The front cover of the magazine is dedicated to the society and the picture of violas was taken by Nicola Stocken and reproduced with her kind permission. Lets hope for good weather and another fantastic local turnout.

Across the Axe Valley Mission Community we are saying goodbye to some friends. Rev Clive is retiring from his ministry in Axminster, and we thank him for his work, dedication and leadership over the years he has been with us. Revd Tracey is also on her way to pastures new, but just up the road to Honiton. We wish her heaps of luck and love as she joins Rev Sue Roberts in their Mission Community.

Enjoy the summer and keep me posted about your events etc!

Ed

Cat Knit

I'd like to do some knitting
In knit or maybe purl
Not sure yet what colour
Or for a boy or girl.

To make it look more modern,
I could knit it with some cables
The trouble is these days
Kids like designer labels.

Not sure if it would appeal
To someones nephew or niece,
The thing is would they like it
As they prefer to wear a fleece.

Kids hate handknitted clothing
They like to buy clothes from a shop,
Though it can be hidden under jackets
Not so easy worn on top.

If hidden under a jacket
It wouldn't really show
When a kid got lumbered wearing it,
Others wouldn't know.

To make this stuff, it takes an age
And it has to be just right,
I have to measure every stage
Or the garment looks a sight.

I won't knit a kid a sweater,
I'll do something else instead
I'll make the cat a blanket
Then he can use it as a bed!

Diana Hunt





Uplyme Help at Hand - cares

General Enquiries:

Anne – 01297 444799

Marilyn – 07885 859946

Transport:

Dave – 01297 444799

Fred – 01297 445647

The Dower House hotel

We made it! The first visit had to be postponed due to the weather

22 of us enjoyed a great afternoon at The Dower House Hotel. The weather was kind this time and the scones (freshly made!) with jam and cream were delicious. Several of the guests (one from Bymead and one from Shire House) hadn't seen many of their friends for quite a few years so it was particularly poignant. We were delighted to be able to welcome some of their family members to join us too. It was a very special and memorable few hours as you can see from the smiling faces.



It is these precious moments that we feel Help at Hand can offer.

If you would like to join our volunteers – no specific time commitment required -please contact Anne or Marilyn to find out more.

Eco Corner:

Over the next few months, we are going to consider how we can live greener lives. This month we are thinking about Electrical appliances around the house.

Matthew 5:16

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven"

1. You can save money/ and energy just by remembering to turn your appliances off at the plug rather than leaving them in standby mode.
2. Take your phone charger out of the socket when not in use. It uses energy even when it's not charging your phone.
3. Buy A-rated electrical appliances whenever you can. They may be more expensive initially, but you will save on your energy bills.
4. The location of your fridge can make a difference in how energy efficient it is. Make sure it is out of direct sunlight and not close to the oven. Keeping it against an outside wall will help the heat it generates escape easily, and always make sure that there is a few inches' space all around the fridge so that air can circulate.
5. Electrical gadgets are great, but the environmental impact of manufacturing them and disposing of them at the end of their life is high. Think before you buy more gadgets.



This half term, **Mrs Ethelston's** have been working on World Bee Day, where we look after the bees, plant flowers; spread seeds to grow more flowers and plants.

The school went down to the school field and split into our House Groups to complete different activities such as: planting pots and spreading seeds, doing a hunt to see which types of plants or flowers we could find and watering them, lastly, choosing rare bees and creating a fact poster about them.

Year Six are very excited to go on their canoeing trip, residential and open day at Woodroffe.

Year 1 and Reception class celebrated an **'Ugly Bug Ball'**, dressing up as insects!

JOURNEYS OF FAITH



The Radio Transmitter story.

In his final commission to his disciples, Jesus Christ commanded them to "GO and make disciples of all nations". During the 1945-1985 years, Christians used short-wave radio broadcasting transmitters to send the gospel message globally. This was before the inventions of the Internet and the World Wide Web and Smartphones. At present, FM and other types of radio stations increasingly serve local audiences, free of earlier interference in short wave transmissions.

During the 1945-85 period, one such Christian broadcasting mission - the Far East Broadcasting Company, operated from the Philippines beamed their programmes into what were then Communist countries and particularly Russia. Tracing the FEBC radio frequency, Russia would use a powerful transmitter to block the FEBC programmes by broadcasting a noise like a food mixer on the same frequency. FEBC sent one of their staff to the USA to purchase a more powerful transmitter.

Their representative arrived in the USA with a humble budget and attended a sale of very large, powerful ex-Voice of America short wave transmitters. He put in his little bid and was faced with a dilemma when the hammer came down in his favour. How would he ship it home and who would know how to get it operational. That very evening, he received a phone call from the other side of the USA. It was from a Christian supporter of FEBC who was praying behind the published itinerary of his visits to supporting churches. Their conversation revealed that his caller was the retired chief transmitter engineer of Voice of America and member of a wealthy church who simply said "leave it with me".

A few days later, his new friend called him again to say that his church would incur the cost of shipping him and the transmitter and to undertake the installation and re-commissioning of the transmitter. The visitor called to mind God's promise in Paul's letter to the Ephesians chapter 3v20 that God "is able to do immeasurably more than we can ask or imagine, according to his power that is at work in us."

David Dare.

Uplyme Bell Ringing

Practice & teaching for those who'd like to learn.

**Thursday evenings 7.30pm - 9pm
in the Church**

If you've always wanted to have a go at ringing church bells,
we'd love to meet you and let you have a go.

For further details please contact **Jo Clarke**, on **443050** she'd
love to hear from you

Please do come along and join in.



KNIT AND CHATTER

Who are we:

A very friendly group who love to Knit and Chat
Come and join us, bring yourself, your knitting or
crochet if you like. Or we'll start you off!

Where and When:

Uplyme Church, Wednesday afternoon 2 till 4

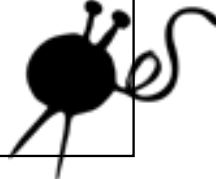
Who's it for:

Everybody is most welcome. Please do join us

There's always a ready supply of tea,
coffee and biscuits.

Who to Contact:

Elizabeth Cooper on 01297 445538



**Shining Stars Playgroup is open
and ready for fun!**

10am to 11:30am, Friday's in term time
at the Scout Hut, Rhode Lane, Uplyme DT7 3TX

£1 per child

Please bring an adult

No need to book but please wear a face covering (unless exempt)
Doors & windows will stay open for ventilation so wrap up warm!

For more details e-mail Jan at shiningstars@uplymechurch.org.uk,
phone 01297 441986 or visit www.uplymechurch.org.uk/worship-3-2/shining-stars/

Dear Editor

Please may I convey through Uplyme Parish News my very grateful thanks to all the very, very kind people of Uplyme who came to my assistance when I fell over and broke my hip.

Also afterwards for the myriad of cards and messages from everyone. It has been overwhelming.

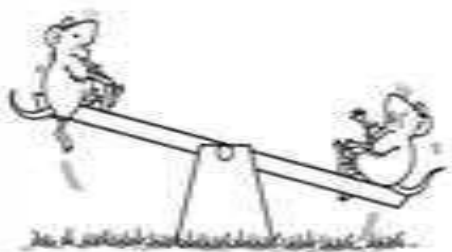
Uplyme, is as we all know, the very best place to live.

Priscilla - (in Bridport Hospital)

Weekly Meditation

Meditation will take a break over the summer finishing on Tuesday July 4th. We will start again on Tuesday 26th September and run continuously every Tuesday until July 2024 - with the exception of Boxing Day

Catherine Lightfoot



Uplyme Pre-school News

Well, the weather has been fantastic so we've been doing a lot of outside learning and keeping cool with water play. Our theme this term is 'Pets' so we've been learning about what we have to do to look after our pets and we've had a visit from a chicken, a rabbit, a dog and we're very excited about a visit from a pony next week.

We've got lots of fun summer activities coming up this term like our Pirate Dress Up day and a trip to Seaton Wetlands to hunt for the Gruffalo. Training has started for our Sport's Day and duck race near the end of term. If anyone would like to donate any prizes / vouchers for winners of the duck race it would be much appreciated.



UPLYME SHORT MAT BOWLS

MONDAY EVENINGS 6.30pm - 9.30pm

AT

UPLYME VILLAGE HALL

'Short Mat Bowls' is not a resident in the village but an established club run by a group of people who enjoy socialising whilst playing indoor bowls.

Why not come along and try your hand and join us for a cuppa. No experience is required and it's an opportunity to make new friends.

Please contact: **Pauline McCarter.**
Tel No: **01297 442682**



Love Uplyme and our community?



Leave a gift in your will to **Uplyme Village Hall CIO** and you will be helping to secure the future of our village hall for Uplyme.

Or commemorate the life of a loved one with a donation.

If you are considering it,



Thank You



Any gift, large or small, makes a difference.

uplymevh@gmail.com

Libraries Unlimited

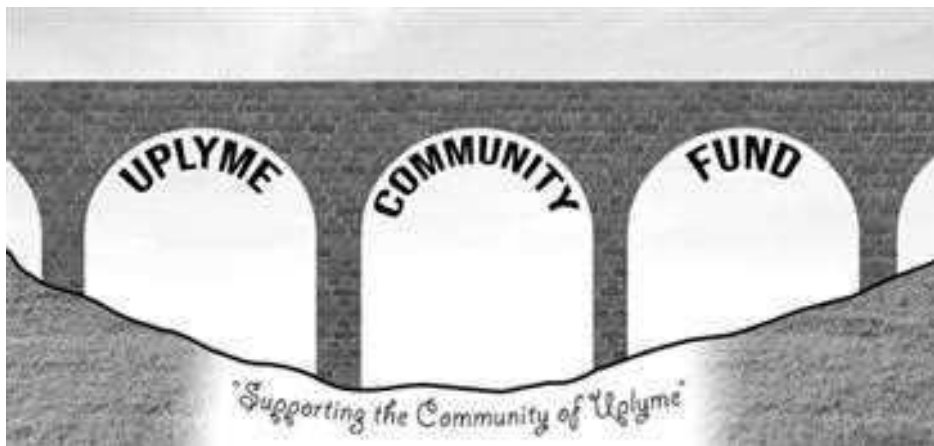
MOBILE LIBRARY VISITS 2023

Your Mobile Library visits
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every 4 weeks on Thursdays 14:30 – 15:45
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Jul 27, Aug 24, Sept 21, Oct 19, Nov 16, Dec 14

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Cost of living crisis

Firstly a big thank you to the generous members of our community who have donated to the Cost of Living Crisis Fund we set up last Christmas. We now have a Fund that is making a real difference to people's lives and if you are experiencing difficulties whether it is with food costs, buying school uniforms or other day to day financial issues please contact us. We handle everything in strict confidence so please don't feel too embarrassed to get in touch.

Contact can be through our email **uplymecommunityfund@gmail.com** or call Martin on 01297 442667, Anne Hardman on 01297 444799 or Nicky Davies on 07931 413629

If you would like to make a donation please email or contact Martin – our fund obviously needs replenishing to replace grants we are making. Although heating bills will reduce through the summer, school holidays will bring difference challenges and then we will be into winter again so it is really important that we maintain the value of the Fund.

The other objects of the Trust continue so if you are a local organisation in need of some support please contact us.

Martin Whitehead

Chair of Trustees

Contact Martin Whitehead (chair) on Email: **uplymecommunityfund@gmail.com**
Uplyme Community Fund is the working name of Uplyme United Charities Reg Charity 249122



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When a little bit more exercise can help a lot

A recent study suggests that for every additional 500 steps you take each day, you may be lowering the risk of heart issues by 14 per cent.

To put it another way, this recent study found that adults who took fewer than 2,000 steps a day were 77 per cent more likely to experience a cardiovascular event in the following three years than those who took about 4,500 steps a day.

“We were surprised to find that every additional quarter of a mile, or 500 steps, of walking had such a strong benefit to heart health,” said one professor of epidemiology at the University of Alabama. “While we do not want to diminish the importance of higher intensity physical activity, encouraging small increases in the number of daily steps also has significant cardiovascular benefits.

How more protein could help prevent your midlife spread

Eating more protein can help prevent your midlife spread, partly by suppressing your appetite. A recent study has found that people eat 210 calories *more* per day than when they are on a low-protein diet.

Yet most of us aren't eating enough protein. A study from the University of Sheffield found less than half of over-65s studied met the official UK reference nutrient intake (RNI) of 0.8 grams of protein per kilogram (2.2lb) of their body weight per day – or about 50g a day for a 10st person.

Adding an egg, smoked salmon, authentic Greek yogurt, nuts, or half a can of beans on two slices of wholewheat toast and a 250ml glass of milk, can all help.

The great thing about protein is that it is so filling you might not need to snack. But if you are still peckish, avoid biscuits, chocolate and crisps, and instead choose nuts and seeds, cooked chicken, a bowl of Greek yogurt or a small piece of cheese.

Miscellaneous observations on life

I burn about 2000 calories every time I put on fitted sheets by myself.

It's weird, being the same age as old people.

One who boasts of being a self-made person relieves the Lord of a lot of responsibility. If you can't be kind, at least have the decency to be vague. Living on Earth is expensive, but it does include a free trip around the sun every year.

As long as there are exams, there will be prayer in schools.

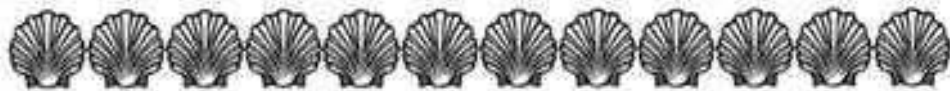
David Jones

On Saturday 3rd June a group of about 35 friends and family gathered on the Uplyme Playing Field overlooking the Cricket pitch. This was a favourite spot of David's and he would often sit here in his deck chair with a bowl of raspberries watching Uplyme do battle on the square.

In a fitting tribute, his ashes were scattered and an oak tree was planted where he used to sit. Tributes were given by people who attended and we left with happy memories of a man who had a life well lived. **Ed**



(David's Son & Daughter by his tree)



St James, the Apostle to Spain

James and his brother John were sons of Zebedee and fishermen from Galilee - the 'sons of thunder', as the gospel writers describe their impetuous characters and fiery tempers.

James stands out on three accounts: he was one of the three disciples who witnessed the Transfiguration of Christ. Jesus took him, along with Peter and John, to 'watch' with him in the garden of Gethsemane. Finally, he went on to be the first apostle to die for the Christian faith, when in AD 44 King Herod Agrippa put him to the sword in Jerusalem at Passover time.

In the centuries following his death, James became associated with the evangelising of Spain, and as a powerful defender of Christianity against the Moors.

The heyday of the cult of Santiago de Compostela was from the 12th to the 15th century, and the pilgrimage to Compostela became one of the most important of medieval Christendom. This in time transformed the iconography of James, and his emblems became the pilgrim's hat and the scallop-shell of Compostela. Over 400 English churches have been dedicated to James.

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**BEAVERS****cubs****SCOUTS****EXPLORERS**

1st Lym Valley Scout Group (Uplyme and Lyme Regis)

Oops! We missed the last edition of Parish News (Sorry Ed.! Hope you enjoyed your holiday) This does, however, mean we have got loads of adventures to share with you in this edition.

July is the month for Rafting – with the weather (hopefully) better than ever, it's a great chance to get our young people out onto the water. We even get the Beavers on to the rafts! It's important that they get used to the water from an early age as a lot of the activities we do, do make good use of the sea.

Our new Cub Leaders, Vicky and Fi, are doing well as the Cub Section continues to develop – we're having our first proper Cub Camp for a while at the hut and the Cubs are excited. We're looking forward to seeing Cubs grow again after a period of change.

The Scouts and Explorers will have attended Strategy again this year at Cirencester. A weekend of fun, camping and teamwork. We had a few teams from each section taking part. The Explorer teams will have had a lot to live up to with the Powder Monkeys winning last year, it's going to be a tall order – we will let you know the results when we have, but unfortunately not before this edition goes to print.

We had a brilliant time at the Uplyme Fete. Quite a few Beavers, Cubs, Scouts and Explorers turned up for the parade, even though we got a bit wet in the rain waiting. We had our normal plate smashing stall which was as ever good fun and this year we had a burger and hotdog stand. It was so popular we sold out before the end of the Fete. Thank you to everyone who came and bought them (they were very nice!).

Thea and Josh will be heading off at the end of this month to South Korea for the World Scout Jamboree – it's set to be an incredible adventure for them and a lifechanging experience, we cannot wait to hear their stories upon their return! A massive thank you to all those in the village who supported their fundraising efforts, it really was a mammoth task, but they managed to complete it with your help. I hope they'll be able to share their adventures with you in a Parish News edition later in the year.

As we head towards September, it is a time for new beginnings. As our group continues to grow, we do need more help to keep our success going: if you would like to volunteer at the Scout Group as a leader, tea maker, behind the scenes, maintenance or fundraising, please do not hesitate to contact us. If you have a child who would like to join, please go our website and fill in the joining enquiry form and we will get back to you – there is a waiting list for all sections, including Explorers, and we would particularly welcome applications from Young People who live in the village.

Yours in Scouting

Karen Yelland

Beaver and Scout Leader

www.lymvalleyscouts.org.uk

Instagram 1stlymvalley



Uplyme and Lyme Regis Horticultural Society

www.ulrhs.wordpress.com

For more information about the society and to view our full year's programme please visit our website www.ulrhs.wordpress.com. Annual membership costs only £6 per person.

Summer Flower and Produce Fair 8th July

Inside this issue you'll find an insert all about our summer show on 8th July at Uplyme Village Hall and Playing Fields. We hope you can join us for a great family afternoon out, with loads to see and do plus splendid refreshments. If you would like to enter for one of the competition classes please either download a schedule from our website (address at top of page) or collect a printed copy from Uplyme Stores, Raymonds Hill Post Office and Ginger Beer, Lyme Regis.

In addition to the show we have some great talks and trips in June and July.

Kia Ora Gardens and Coldharbour Mill, coach trip, Thursday 13th July

Kia Ora Gardens, Cullompton is a charming 10-acre mature garden with lawns, lakes and ponds complete with water features and wildlife. Coldharbour Mill is a working wool museum. Traditional textiles, knitting yarn and hand-woven rugs are made on site. 12-acre estate, café and shop. £22 includes coffee/cake at Kia Ora and tour at Coldharbour Mill.

Coach departs 9.15am. Cost includes a £5 non-returnable deposit. Guests welcome for an additional £3. Please book with Jenny Harding jennyhlyme@hotmail.co.uk 07773 604137.

'Snakes Alive', talk and display, Wednesday 26th July

Davie Marsh of World Life gives a fascinating talk and display of these misunderstood reptiles. Proceeds from this event go to RNLI Week and all tickets cost £4 from Lyme Regis Lifeboat Shop or ring Brian Cursley on 07831 533580.

Doors open for refreshments 7pm; talk starts 7.30pm

The Oudolf Field, coach trip, Wednesday 9th August

The Hauser & Wirth Art Gallery's contemporary meadow at Bruton features Piet Oudolf's signature bold drifts of herbaceous perennials and grasses. Bistro style restaurant and farm shop. Walk to Bruton Dovecote (National Trust) and Bruton town with vintage outlets, shops, art galleries, restaurants and cafes. £20 includes guided tour of The Oudolf Field.

Coach departs 9.15am. Cost includes a £5 non-returnable deposit. Guests welcome for an additional £3. Please book with Jenny Harding jennyhlyme@hotmail.co.uk 07773 604137.

Tricia Boyd





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EAST DEVON
Area of Outstanding Natural Beauty



TWILIGHT ZONE – EAST DEVON AONB BAT SAFARIS

A series of FREE bat detecting walks are planned at three sites in East Devon AONB area. Exploring a range of habitats including farmland, meadow, riverside and trees on an ancient iron age hillfort. These magical night time walks will be led by Sarah Butcher, local bat expert from Devon Bat Group. These nocturnal explorations are a great chance to learn how to identify bats using hand held bat detectors as well as learning about their fascinating lifestyles and sadly the threats they face.

Three bat species are on the list of the 'Elusive Eight' a list of species that are under serious threat which East Devon AONB have identified and is part of a wider national Nature Recovery Programme. The species are Greater Horseshoe, Bechstein and Grey Longeared Bats. At our nocturnal wanders under moon lit skies, find out more about them and how we can help increase their numbers. All ages welcome.

Friday 14 July, 9.00pm - 11.00pm

River Lym riverside path, Uplyme

Rivers offer excellent navigation routes for bats as well as food from emerging insects.

To book email savingspecialspecies@gmail.com

Or ring 01297 489741

Saturday 22 July, 8.45pm - 10.45pm

Bolshayne Farm, Colyton 01297 489741

The farm includes Bolshayne Fen, a wet meadow which is an SSSI (site of special scientific interest), also hedgerows, and woodland edge which all offer great habitat for bats.

To book email savingspecialspecies@gmail.com

Or ring 01297 489741

These events are also part of the East Devon AONBs 60th Anniversary celebrations. **East Devon Area of Outstanding Natural Beauty (AONB)** is a unique landscape, diverse and rich in wildlife and shaped by centuries of farming. Its natural beauty is protected in the nation's interest.

This event is also part of the AONB's Saving Special Species, Nature Recovery Programme. Saving Special Species For more information on future East Devon AONB events, projects and news please subscribe to their e-newsletter:



These events are part of a programme of special activities marking the 60th anniversary of the East Devon Area of Outstanding Natural Beauty; celebrating the landscape and building community connections with nature.

Ruth Worsley

01297 489741

07765126565

Wildlife Engagement Officer for East Devon AONB

Village Hall Booking Dates for July

REGULAR HIRERS

TIMES MAY VARY

Please check with the group/organisation

Uplyme Pre School/ Term time only

Mondays 9am-3.30pm

Wednesdays 9am-1pm

Tuesdays/Fridays 9am- 1.30pm

Toddlers

Tuesdays – 1.45pm -3.30pm

School – Mrs Ethelstons/Term time only

Wednesdays 1.30-3.30pm (4.30 if club)

Thursdays 9am- 3.30pm (4.30 if club)

Fridays 1.45pm-3.30pm (4.30 if club)

YOGA

Thursdays 6.30pm-8.00pm

Short Mat Bowls

Mondays 6.30pm-9.00pm

Parish Council

2nd Wednesday of each month

7.15pm-9pm

Horticultural Society

4th Wednesday of each month

7pm-9pm

Mainly Ballroom

Saturdays 8pm-11pm (check dates)

8th, 22nd.

Quakers

Sundays 9.30am – midday

Village hall committee meeting

1st of the month 7.30pm.

Wed /Oct-March Tues / April-Sept

Please check

Other bookings for JULY 2023

Saturday 1st.

Private hire

Saturday 8th

Summer show

Saturday 8th.

Dance 7.30pm

Thursday 13th.

Private 6pm – 11pm

Saturday 15th.

Private 10am

Sunday 16th.

Private 1pm – 11pm

Saturday 22nd.

Dance 7.30pm

Saturday 29th.

Coffee am Hort Soc

Calendar/online calendar times are hire times not event times.

Check with the individual organisations for event times.

Our next meetings Tue June 11th AGM

Please come and join us, your support is most welcome.

To book the Village Hall

Email: uplymevh@gmail.com

Visit our website/calendar

www.uplymevillage.com

P: 01297 444303 office hours only

Saturday 8TH July.

Horticultural Society

Summer show

Family fun day out

Come and join in

Uplyme Village Hall News

July!!! Over half way through 2023 already and looking forward to Christmas ... Perhaps you haven't wrapped all your presents yet but it's not too early to get excited about our **Duck Race on Saturday 25th November**. We are looking for some lovely benefactors to sponsor the main prizes of £100, £50, £25 & £10.



Whether you are new to Uplyme or lived here for years, why not consider joining the Village Hall committee? We welcome everyone and you instantly become a valued member of the Uplyme community. The Village Hall committee is friendly, relaxed and a lot of fun - think of The Archers crossed with the Vicar of Dibley but a lot more amusing! Our monthly meetings usually take less than an hour and we often call into the Talbot afterwards for a 'debrief'.



No long boring reports



No boring presentations or speeches!




Not our committee ...

We have a happy and active committee but would welcome more members. So, please do come along to our **AGM on Tuesday 11th July at 7pm in the Hall**, and enjoy being part of village life. You don't need to be on the committee to offer

help - just have fun with us and get involved!

The ULRHS **Summer Show & Produce Fair** is on **Saturday 8th**.

St Swithin's Day on 15th July - will sunshine or rain continue for the next 40 days and 40 nights as legend dictates? 

To find out more about the Village Hall, talk to Chair Pete Hackett, the Ultimate Fund-Raiser John Fowler, Secretary Margaret Wiscombe or any committee member.



Uplyme Parish Council

c/o Uplyme Village Hall, Lyme Road, Uplyme, Lyme Regis DT7 3UY
Tel: 07413 947067 Email: clerk@uplymeparishcouncil.org
Website: www.uplymeparishcouncil.org

Parish News – July 2023

The home of Community Champions

Calling all public-spirited residents!

The Council have very limited funds to maintain the amenities in the village, so we need your help! Did you know that if your property's boundary hedge abuts a highway or public footpath/bridleway, it is your responsibility to keep it cut back? Also, if you have trees which overhang the highway or a ditch adjacent to your property, the safety or clearing of these is legally your responsibility. It is very important that any cuttings or vegetation are cleared so they do not clog drains or ditches as this presents a flood risk to the parish and potentially, your own property.

If we all do our bit to help, Uplyme will continue to be a beautiful place to enjoy walking and riding safely.

War Memorial

You might have noticed activity at the war memorial in the village recently. This work was undertaken to clean the locally-quarried ham stone using a gentle steam cleaning method called 'ThermaTech'; it is used to clean off accumulated road grime, atmospheric pollutants and algae. This does this by heated steam being delivered through a lance removing anything on the stone that would leave it looking dirty, thus leaving the memorial in an exemplary state. This cleaning technique the memorial is approved by Conservationists as well as historic England, so that the memorial is protected for future generations.

We would like to thank the nearby resident who agreed to their outdoor tap being used, thereby enabling the work to be carried out.

A couple of the plaques have been temporarily removed to carry out much needed repairs, and will be reaffixed in due course with the traditional lime mortar which will allow the stone to remain in its current condition. The before and after photos below tell the story!



Celebrating Volunteers!

From the recently held Uplyme Fete, to annual events such as the upcoming horticultural show and one-off celebrations such as the parish Coronation Party, all of these events would not be possible without the volunteers that give up their time to make the many and various preparations needed to put on such great events.

Uplyme is extremely fortunate to have parishioners who care deeply about where they live, and who the Council applaud as Community Champions. The Parish Councillors themselves fall into this bracket; they work hard to ensure that Uplyme is the best it can be for residents, visitors and those who work in the parish.

If you give up your time to run a local group, keep the parish safe and clean, organise a regular event or to keep parishioners informed we sincerely thank you – Uplyme would not be the wonderful place to live and work without you!

Chairman: Cllr. C James

Vice Chairman: Cllr. A. Turner

Cllrs: P. Hackett, P. Oakley, C. Pratt, W. Trundley, Mrs P Frost, Mrs C. Wiscombe



**Axminster and Lyme
Cancer Support**

**Affected by cancer?
Looking for support?
Need Help or advice?**

Drop in for a chat
Refreshments available free of charge

Axminster Scott Rowle Room, Axminster Hospital EX13 5DU 2.00-4.00pm	Lyme Regis Football Club Charmouth Road DT7 3DT 2.00-4.00pm
Monday 3 rd July	Monday 10 th July
Monday 17 th July	Monday 24 th July
Monday 31 st July	Monday 7 th August
Monday 14 th August	Monday 21 st August
Monday 4 th Sept	Monday 11 th Sept
Monday 18 th Sept	Monday 25 th Sept

***NO Drop-in 28th Aug**

For more details contact
info@axminsterandlymecancersupport.co.uk

07512 279663

Axminster and Lyme
Cancer Support

[axminsterandlymecancersupport.co.uk](https://www.axminsterandlymecancersupport.co.uk)

Lifeboat Week Concert
Lyme Bay Chorale & friends of all ages present
**An hour of joyous
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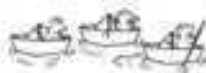
CONDUCTOR Richard Tanner
Director of Music, Rugby School
ORGAN Alex Davies

Saturday 29th July at 6pm
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www.lymebaychorale.co.uk

Lifeboats



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IN DEVON



Uplyme Church Contacts

part of the Axe Valley Mission Community

Uplyme Church, Pound Lane, Uplyme, DT7 3TT

Team Vicar

email
Tel

Rev Nicky Davies

daviesnicky@live.co.uk
07931 413629

Churchwardens

Jenny Perham 07761 081424
Sue Wells 07912 272102

Licensed Lay Minister (LLM) Roger Grose 22107

Church Administrator

email:

Louise Collard 441986
axevalleymc@hotmail.co.uk

Admin Office Hours:

Mon - Wed 09.00 – 12.00
Thurs 12.30 – 15.30
Fri 09.00 – 12.00

Hon Treasurer	Sharyn Walker	444811
PCC Secretary	Chris Buckingham	
Safeguarding Advisors	Jo Clarke	443050
	Noreen Watson	
Church Membership	Mike Maccoy	07970443631
Pastoral Co-Ordinator	Roger Grose	22107
Gospel Choir	Jo Cursley	443642
Under 5's	Janet Impey	441986
Festival Choir	Adrian Pearson	442902
Flower Group	Carole Hodges	445180
Saturday Football	Robin Hodges	445180
	Simon Smith	647521
Mrs Ethelston's School Head	Katie Lyons	442210
School Link	Jo Cursley	443642

Parish News Editor Robin Hodges 445180
Redlands, Lime Kiln Lane, Uplyme, Lyme Regis, Dorset, DT7 3XG

Email: parishnews@uplymechurch.org.uk

Uplyme Church Registered Charity Number 1131962

All telephone numbers are STD code 01297 unless otherwise stated.

A Walk for David Jones

A collection of people gathered at Uplyme Church to go on a walk, led by Fred Pearce, in memory of our dear friend David.

We travelled up through Barnes Meadow to Cuckoo Lane and down the field above the Viaduct. On our travels each of us took it in turn to carry a photo of David and remember him and how special he was to each of us. We stopped to admire the view and to pass around a tippie of Baileys and raise a toast for David and to recall all that he has done to help make the world a better place.

Then under the Viaduct back to the Cricket field to see the Oak Tree planted for David. We then enjoyed a light lunch at church where we were joined by the non-walkers.

Look out for more Community Walks in September.



Uplyme Fete WOWS in 2023

Despite the forecast or because of it the fete was a huge success with record numbers attending .

Huge thanks go out to all who came and ate ,drank and enjoyed the entertainment ,games and stalls.

Another huge thanks to the ' on the day ' team who turned up to help make it all run smoothly and did a great job .

So no pressure for next years fete , save the date **June 8 2024 !**



Pete.