



## Worried about a child or vulnerable adult

Please speak to your Parish Safeguarding Representative if you have any concerns for the well-being of a child or adult, or about the behaviour of someone towards a child or adult.

Your Parish Safeguarding Representative is:

Name: Claire Gregory

Contact: 07966 300919

If you cannot reach your Parish Safeguarding Representative, please contact your parish clergy or the Diocesan Safeguarding Team:

**Costa Nassaris**—Diocesan Safeguarding Adviser  
t: 01392 294969 / 07809 339501 or email:  
[costa.nassaris@exeter.anglican.org](mailto:costa.nassaris@exeter.anglican.org)

**Rebecca Lane**—Assistant Diocesan Safeguarding Adviser t: 01392 294975 / 07889542640 or email:  
[rebeccca.lane@exeter.anglican.org](mailto:rebeccca.lane@exeter.anglican.org)

**James May**—Assistant Diocesan Safeguarding Adviser

t: 01392 345910 / 07889 542646 or email:  
[james.may@exeter.anglican.org](mailto:james.may@exeter.anglican.org)

**Ruth Putnam**—Safeguarding Administrator and DBS Coordinator

t: 01392 294929 or email:  
[safeguardingenquiry@exeter.anglican.org](mailto:safeguardingenquiry@exeter.anglican.org)

## IMMEDIATE RISK OF HARM?

If you believe somebody is at immediate risk of harm or that a crime has been committed, dial 999

If you have serious concerns about an individual's well-being, you should contact the relevant agencies:

## Concerns about children

Devon Multi-Agency Safeguard- ing Hub (MASH):  
0345 155 1071

## Concerns about adults

Devon - Care Direct: 0345 155 1007

## Domestic Abuse

Devon helpline for professionals and individuals:  
0345 155 1074

## **Rape Crisis**

National: 0808 802 9999

Devon & Torbay: 01392 204174

Please notify your Parish Safeguarding Representative and/or the Diocesan Safeguarding Team after contacting any of these agencies.

Children who want to speak to someone about any concerns they have can call Childline: 0800 11 11